

NCNM

National College of Natural Medicine

2010-2011 Residency Application

National College of Natural Medicine
Office of Graduate Medical Education
Melanie Henriksen, ND, *LAc*, CNM
049 SW Porter
Portland, OR 97201
503-552-1848

YOU ARE ADVISED TO READ THIS PAGE THOROUGHLY

This is a candidate-managed application process. This means that you are responsible for collating all required elements of the application and submitting completed application packets prior to the deadline. **Completed applications and all supporting documents must be received by the Office of Graduate Medical Education at National College of Natural Medicine on or before 5:00 p.m. (PST) on January 22, 2010. Applications for Second Year Residency positions are due March 15, 2010.** Incomplete applications will not be considered. Late applications will be considered only if space is available. It is your sole responsibility, during all phases of the application process, to be apprized of deadlines and ensure that all necessary forms, documentation and other required elements of the application are submitted on time. It is strongly recommended that you make a copy of your application for your own records prior to submitting it to the Office of Graduate Medical Education. Failure to follow all directions and fill out forms completely may result in immediate and permanent termination of your application

QUALIFICATIONS:

To qualify as an applicant for the 2010-2011 National College of Natural Medicine Residency Program, *you must be on track to graduate with a Naturopathic Doctor degree prior to Aug.1, 2010* from a college or university that has been accredited or has been granted candidacy accreditation status by the Council for Naturopathic Medical Education. To qualify for the position of NCNM resident all applicants must have previously passed boards or completed all examinations required for licensure during the summer of 2010. Failure to pass all board examinations required for licensure may effectively disqualify you from consideration for this program and may nullify any offers made prior to receipt of examination results.

TRANSCRIPTS:

All official transcripts, evaluation forms and letters of recommendation must be included with your application. **If you graduated from the National College of Natural Medicine, or are applying for a second year residency position, and signed the records release portion of this application, you do not need to include an official copy of your NCNM transcript.** For all other graduates, transcripts must arrive with the application in sealed envelopes with an authorized signature across the envelope seal. If the NCNM Selection Committee suspects that transcripts have been in any way altered or otherwise tampered with, your residency application will be immediately and permanently terminated. **NO TRANSCRIPTS ARE REQUIRED FROM UNDERGRADUATE INSTITUTIONS.**

REFERENCES:

The evaluation forms and letter of recommendation must be included with your application and each **must be submitted in an unopened, sealed envelope with the evaluator's signature across the envelope seal** to be considered as part of the application packet. The evaluation forms and letter of recommendation will be kept confidential and are solely for use by the NCNM Selection Committee and the selection committees of distant residency sites. A portion of the application includes a list of references, which will be provided to potential employers. Please list the names of individuals whom you have chosen to complete the evaluation forms. By listing these individuals as references, the selection committees will assume you have received permission for the potential employer to contact these references.

CERTIFICATION AND INTERVIEWS:

All applications undergo an initial screening process by the NCNM Selection Committee. Applications that pass review are certified, copied and provided to all distant residency sites selected on applicant's Program Preference form. The Selection Committee for each distant site location independently reviews all certified applications received and determines the number of applicants invited to interview. Granting of interviews at distant site locations are at the discretion of and by invitation from the sponsoring organization.

INTERNATIONAL GRADUATES:

If you are a graduate of an international school of Naturopathic Medicine, and are applying for a residency position within the United States, please be aware that you are required to be licensed as an ND in the USA to participate as a resident in the NCNM residency program. Many states have differing licensure laws and we suggest that you research the licensure rules and regulations for the state in which you are applying for a residency position.

If you are selected to be a resident, you will be required to demonstrate that you are legally eligible to work in this country no later than September 30, 2010¹.

TIMELINE FOR APPLICATION PROCESS

Deadline for First Year Residency application: January 22, 2010

Deadline for Second Year Residency application: March 15, 2010

NCNM begins accepting applications on December 1, 2009. The application process for residencies associated with National College of Natural Medicine involves several steps as outlined below. **Please read this section carefully.**

The following is a projected calendar overview of the application process.	
November 09, 2009	NCNM 2010-2011 Residency Application available to students and all participating naturopathic colleges/universities via the NCNM website; www.ncnm.edu
December 1, 2009	NCNM Residency Selection Committee begins accepting applications
January 22, 2010	Application for First Year Residency positions due by 5 p.m.
January 25, 2010	NCNM Residency Selection Committee begins initial screening process and review to certify applications
February 10, 2010	NCNM Residency Selection Committee provides copies of all certified applications to distant residency sites, selected by applicant on Program Preference form
February 10, 2010	NCNM provides written notification to applicants confirming eligibility and providing instructions for interview process at all participating sites
February 10, 2010	Scheduling of interviews begins for NCNM residencies
February 15, 2010	Interview process begins for all first-year residency positions, for all sites.
April 9, 2010	Deadline for First Year Residency interviews to be completed for all sites
April 12, 2010	Deadline for all participating sites to submit candidate selections to NCNM
April 12, 2010	NCNM to send Initial Offer Letters to selected candidates for all participating sites
April 26, 2010	Deadline for candidates to submit Signed Statement of Intent, accepting positions at NCNM and all other participating sites
March 15, 2010	Applications for Second Year Residency Positions due by 5 p.m.
April 9, 2010	Interview dates for Second Year Residency Positions to be announced

CHECKLIST FOR APPLICATION PACKET

To complete a residency application packet, each candidate must submit the following items. We strongly encourage using this checklist to ensure all necessary application components have been included.

- Application form
- Program Preference form, indicating the residency position(s) for which you are applying
- \$100.00 non-refundable application fee, payable to NCNM.
- Resume or curriculum vitae
- Official transcript from your graduating naturopathic college or university; and
- Official transcripts from all colleges or universities at which credit was earned toward the N.D. degree

If you graduated from the National College of Natural Medicine, or are applying for a second year residency position, and have signed the records release portion of this application, you do not need to include an official copy of your NCNM transcript. **All other graduates** must submit official transcripts (not student copies). The transcripts must arrive with the application in sealed envelopes with an authorized seal across the envelope seal.

Three (3) Evaluation Forms and One (1) Letter of Recommendation as follows:

- One Evaluation Form and Letter of Recommendation must come from the same clinical supervising physician. The physician must be an ND who has supervised you in a clinical setting.
- One Evaluation Form from a clinical faculty member
- One Evaluation Form from either a clinical faculty member, preceptor physician or other medical professional

Applicants should select references that are familiar with their professional & clinical skills. Applicants should not ask a relative, peer, co-worker or friend to serve as a reference. All references must have two or more years of experience as a licensed physician or completed one year of residency. All material received from references is kept confidential and will be destroyed at the discretion of the selection committees or at the conclusion of the selection cycle. **Evaluation Forms and Letter of Recommendation must be returned to you by the evaluators** must be included with your application and must arrive in sealed envelopes with the evaluator's signature across the envelope seal. **Please advise the evaluator of this procedure. Submitted references that do not meet these requirements may be considered invalid.**

- A complete, concise, typed **personal statement of purpose** indicating your reasons for applying to the Residency Program. Please limit your Personal Statement to one typed page, 11 font one inch top and bottom margins and 1.25 on side margins. Include your name and the residency year in which you are applying (2010-2011) in the upper right corner. If you are applying for multiple or distant sites, you must include a personal statement for each site.
- First year resident applicants:** provide a complete, concise, typed response to each of the following essay questions. Please limit your response to one typed page *per question*. Include your name in the upper right corner and use no smaller than 11 font and one inch top and bottom margins and 1.25 side margins.

If you are applying for a position that involves NCNM or University of Bridgeport, you must answer all 3 questions below. This includes Drs. Milner, Windstar, Hudson and Nigh's positions.

1. *Working as an effective Naturopathic resident requires not only professional leadership skills, but also the ability to work as a team.*
 - a. *Discuss how you envision integrating these two seemingly different qualities in your role as a resident.*
 - b. *Please site an example from your own experiences where you were able to blend these two qualities.*
2. *Comment on the potential obstacles that you feel you will face as a first-year resident, and how do you plan to overcome or manage these challenges.*

3. *Being a Naturopathic Resident requires the ability to balance multiple roles such as Resident Physician and teacher, while continuing your own educational process.*
 - a. *Please tell us about your philosophy of teaching and site an example wherein you applied this philosophy.*
 - b. *How will you measure your effectiveness as an instructor?*
 - c. *How would you, as a Resident, facilitate the student's critical thinking skills and ongoing academic development while in the clinical setting?*

Distant Site applicants: If you are applying for a distant site only, not a site affiliated with any teaching clinic, answer Questions number 1 & 2 above, as well as answering question number 1 below. If you are applying for Dr. Guggenheim's site please answer questions number 1 & 2 above, and also questions number 1 and 2 below. Please limit your responses to one, typed concise page *per question*, with no smaller than 11 font, one inch top and bottom margins and 1.25 inch side margins.

1. *Working in primary care often involves much patient education. Highlight your experience in educating a varied demographic group about natural health. How will this be different in an integrated care setting?*
2. *Working with rheumatology patients often involves polypharmacy. Why does this experience appeal to you, and what is your approach to prescribing pharmaceuticals?*

Second year resident applicants: provide the selection committee with a concise response to the following; please limit your responses to one, typed concise page *per question*, with no smaller than 11 font, one inch top and bottom margins and 1.25 inch side margins.

1. *Provide an outline of your goals for your second year residency. Please indicate your vision for the year and how you might help facilitate the growth of NCNM's residency program.*
2. *Comment on some of the challenges that you faced as a first year resident and how you overcame those challenges.*
3. *As a Second Year Resident, you will transition from solely working with attending physicians to managing your own teaching shifts. How do you plan to use this experience to incorporate both academic and clinical learning into the experience of the students?*

Submit complete application and accompanying materials,
along with the non-refundable \$100 application fee to:

National College of Natural Medicine
c/o Dr. Melanie Henriksen
Office of Post-Graduate Medical Education
049 SW Porter Street, Portland, OR 97201

NCNM GRADUATE RECORDS RELEASE

TO NCNM GRADUATES ONLY

By signing below, I give express permission to the selection committees and individuals designated by the committees to request an official copy of my transcript from the Office of Registrar at NCNM.

Signature

Date

VERIFICATION OF APPLICATION AUTHENTICITY & INTEGRITY

TO ALL APPLICANTS:

By signing below, I certify that all information contained in this application is factually correct and honestly presented and that I have read and understand all provisions outlined in this application and supporting documents. I understand that any false information presented in this application or any part of the application process may result in the rejection of my application, dismissal from any position held with National College of Natural Medicine, and revocation of any degrees, certificates, etc. awarded by National College of Natural Medicine. Furthermore, my signature is evidence of my agreement with all parts, provisions, protocol and regulations as indicated in this application and supporting documents.

Signature

Date

Equal Opportunity Policy—National College of Natural Medicine does not discriminate in education or employment on the basis of race, sex, religion, age, national or ethnic origin, sexual orientation, disability, marital or parental status, or Vietnam-era veteran status. Selection is competitive and it is the College's goal to admit only the best qualified applicants. The College reserves the right to admit or reject applicants at the sole discretion of the Residency Selection Committee at any point in the admissions process.

NCNM

National College of Natural Medicine

2010-2011 RESIDENCY APPLICANT EVALUATION FORM

TO THE APPLICANT

Please complete this section and give to the person who has agreed to serve as your reference and complete the Applicant Evaluation Form. As part of your candidate-managed application packet **evaluation forms must be returned to the NCNM Selection Committee by January 22, 2010. Second Year Residency Applications are due March 15, 2010.** Application evaluation forms must be submitted in unopened, sealed envelopes and must have the signature of your reference across the seal to be considered as part of the application packet. Please refer to the instructions on the first page of your residency application for further details.

By signing below, you waive your right to view the application evaluation form. In the interest of maintaining the strictest standards of confidentiality, forms that are not signed will be considered incomplete and will not be considered as part of the application.

I, the undersigned, understand that this is a confidential evaluation form. I understand that this form will not be made available to me. I understand that this form will be made available to all committees involved in the selection process, but otherwise it will be kept confidential unless required by legal action. I understand this record will be destroyed prior to my start date as a resident. I will not ask to review this form.

Applicant's Legal Signature _____ Date _____

Applicant's Legal Name (print) _____ Phone _____

Applicant's Address _____

City _____ State _____ Zip _____

TO THE EVALUATOR

The person named above is applying to the National College of Natural Medicine for a residency position at one or more on-site or distant site residencies. The applicant has requested that your evaluation be included as part of the information on which the selection committees will base their decisions. Please respond frankly to the questions and issues on this form. These records are retained by NCNM's Residency Department, and the applicant will not be allowed to review your submission unless otherwise required by legal subpoena. Evaluations are a critical component in a candidate's application. **Please complete this form and RETURN TO THE APPLICANT for mailing with his or her application to the College. Your signature must be written across the envelope seal.**

Due to the sensitive nature of recommendations, and our request for your honest assessment of this individual, candidates have been well apprised that any indication of a breach of the confidential nature of this form will result in immediate and permanent termination of their application.

FYI: The U.S. Family Education Rights and Privacy Act of 1974 (Buckley Bill) requires colleges and universities to maintain a permanent academic file for each student who has enrolled. Students have the right to view permanent files once they enroll. To comply with the Buckley Bill and to ensure a candid response from evaluators, the Selection Committee removes completed evaluation forms and letters of recommendation from applicant's file prior to her/his start date as a resident. Hence, unless otherwise required by law, writ, act or subpoena, your comments will be kept confidential.

By signing below, you certify all information contained on this form and any associated submissions are true to the best of your knowledge.

Evaluator's Legal Signature _____ Date _____

Evaluator's Legal Name (print) _____ Title/Position _____

Evaluator's Address _____ Institution/Agency _____

City _____ State _____ Zip _____

TO THE EVALUATOR

Print your name here and check appropriate box below: _____

- Clinical Supervising Physician** **Clinical Faculty Member** **Preceptor Physician**
 Other Licensed Medical Professional _____

The National College of Natural Medicine Residency Program offers on-site and distant-site residency opportunities. This applicant is interested in applying for one or more of these openings. On behalf of the applicant, the NCM Residency Selection Committee would like to thank you for agreeing to serve as a reference. As a reference you may be contacted by a selection committee member or the future employer to address additional questions or concerns, if necessary. In order to facilitate this process, we ask that you provide the NCM Selection Committee with a phone number where you may be reached and the best time to contact you at this number.

I may be reached at the following number(s)

Best time to reach me at this number:

- | | | |
|---|-------|-------|
| <input type="checkbox"/> Work Phone | _____ | _____ |
| <input type="checkbox"/> Home Phone | _____ | _____ |
| <input type="checkbox"/> Cellular Phone | _____ | _____ |
| <input type="checkbox"/> Other | _____ | _____ |

Print Name of Applicant here: _____

To the Evaluator: Please evaluate the applicant in the following areas. Rate each area by marking an (X) next to those answers which most accurately reflect your knowledge of the applicant. Please include comments to justify your rating in each category.

Your comments are very important in our evaluation and selection of this candidate. If you are unable to answer a question, please explain.

1. Critical Thinking Skills and Decision Making Skills:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

2. Ability to think under pressure:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

3. Interpersonal Communication Skills:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

4. Ability to work in a group:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

5. Ability to work with diverse populations:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

6. Ability to present self professionally (appearance, hygiene, language, etc):

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

7. Motivation and Initiative:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

8. Emotional Maturity and Self Responsibility:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

9. Professional Ethics and Integrity:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

10. Level of Clinical Confidence:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

11. Ability to respond to feedback:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

12. Ability to respond to difficult situations (challenging patients, peer conflicts, conflicts with staff, faculty or supervising physicians:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

13. Ability to establish rapport with patients:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

14. Please rate the applicant in the following areas of Clinical Performance:

A. Physical Exam Skills:

Very Good Good Average Poor Very Poor No Basis for judgment

B. Lab Interpretation:

Very Good Good Average Poor Very Poor No Basis for judgment

C. Differential Diagnosis:

Very Good Good Average Poor Very Poor No Basis for judgment

D. Prescription and Formulary Items:

Very Good Good Average Poor Very Poor No Basis for judgment

E. Minor Surgery Skills:

Very Good Good Average Poor Very Poor No Basis for judgment

F. Homeopathy as a treatment modality:

Very Good Good Average Poor Very Poor No Basis for judgment

G. Botanicals as a treatment modality:

Very Good Good Average Poor Very Poor No Basis for judgment

H. Nutrition as a treatment modality:

Very Good Good Average Poor Very Poor No Basis for judgment

I. Naturopathic Manipulation Therapy as a treatment modality:

Very Good Good Average Poor Very Poor No Basis for judgment

J. Lifestyle Counseling:

Very Good Good Average Poor Very Poor No Basis for judgment

H. Case Presentation Skills:

Very Good Good Average Poor Very Poor No Basis for judgment

Please provide any comments that may be helpful in evaluating this applicant on his/her Clinical Performance:

15. Applicants Intellectual Attributes:

A. Creativity in work and treatment plans:

Very Good Good Average Poor Very Poor No Basis for judgment

B. Ability to incorporate academic knowledge into clinical experience:

Very Good Good Average Poor Very Poor No Basis for judgment

Comments: _____

Based on your knowledge of the Applicant, how would you rank her/his overall performance as a clinician? Please check one:

Outstanding Above Average Average Below Average Poor

NCNM

National College of Natural Medicine

2010-2011 RESIDENCY LETTER OF RECOMMENDATION

TO THE APPLICANT

Please complete this section and give to the clinical supervising physician who has agreed to serve as a reference and write your Letter of Recommendation. As part of your candidate-managed application packet the letter of recommendation must be returned to the NCNM Selection Committee by January 22, 2010. Second Year Residency Applications are due March 15, 2010. The letter of recommendation must be submitted in a sealed envelope and must have the signature of your reference across the seal to be considered as part of the application packet. Please refer to the instructions on the first page of your residency application for further details.

By signing below, you waive your right to view the letter of recommendation. In the interest of maintaining the strictest standards of confidentiality, forms that are not signed (and any attachments associated with unsigned forms) will be considered incomplete and will not be considered as part of the application.

I, the undersigned, understand this is a confidential evaluation form. I understand that this form and any related submissions will not be made available to me. I understand that this form will be made available to all committees involved in the selection process, but otherwise it will be kept confidential unless required by legal action. I understand this record will be destroyed prior to my start date as a resident. I will not ask to review this form or any associated submissions.

Applicant's Legal Signature _____ Date _____

Applicant's Legal Name (print) _____ Phone _____

Applicant's Address _____

City _____ State _____ Zip _____

TO THE EVALUATOR

The person named above is applying to the National College of Natural Medicine for a residency position at one or more on-site or distant site residencies. The applicant has requested that your evaluation be included as part of the information on which the selection committees will base their decisions. Please respond frankly to the questions and issues on this form and feel free to include any additional pertinent comments. These records are retained by NCNM's Residency Department, and the applicant will not be allowed to review your submission unless otherwise required by legal subpoena. Evaluations are a critical component in a candidate's application. **Please complete this form and attach any additional comments and RETURN TO APPLICANT for mailing with application to the College. Your signature must appear across the envelope seal.**

Due to the sensitive nature of recommendations and our request for your honest assessment of this individual, applicants have been well apprised that any indication of a breach of the confidential nature of this form will result in immediate and permanent termination of their application.

FYI: The U.S. Family Education Rights and Privacy Act of 1974 (Buckley Bill) requires colleges and universities to maintain a permanent academic file for each student who has enrolled. Students have the right to view permanent files once they enroll. To comply with the Buckley Bill and to ensure a candid response from evaluators, the Selection Committee removes completed evaluation forms and letters of recommendation from applicant's file prior to her/his start date as a resident. Hence, unless otherwise required by law, writ, act or subpoena, your comments will be kept confidential.

By signing below, you certify all information contained on this form and any associated submissions are true to the best of your knowledge.

Evaluator's Legal Signature _____ Date _____

Evaluator's Legal Name (print) _____ Title/Position _____

Evaluator's Address _____ Institution/Agency _____

City _____ State _____ Zip _____

TO THE EVALUATOR

Please print your name here: _____, **CLINICAL SUPERVISING PHYSICIAN**

NAME OF APPLICANT: _____

As a clinical supervising physician of the applicant, you are being asked to complete both an Applicant Evaluation Form and a Letter of Recommendation. On behalf of the applicant, the NCM Residency Selection Committee would like to thank you for agreeing to serve as a reference. Please understand that as a reference, you may be contacted by the Selection Committee or the future employer to address additional questions or concerns if necessary. In order to facilitate this process, we ask that you provide the Selection Committee with a phone number where you may be reached and the best time to contact you at this number.

I may be reached at the following number(s).

The best time to reach me at this number.

- | | | |
|---|-------|-------|
| <input type="checkbox"/> Work Phone | _____ | _____ |
| <input type="checkbox"/> Home Phone | _____ | _____ |
| <input type="checkbox"/> Cellular Phone | _____ | _____ |
| <input type="checkbox"/> Other | _____ | _____ |

Instructions for Letter of Recommendation

1. Please provide a type written response to each of the following questions in the order given below.
2. Attach your responses to this form and RETURN TO APPLICANT for mailing with her/his application to NCM.
3. Your signature must appear across the envelope seal.

Please note: In order to evaluate applicants fairly, it is imperative that each area listed below is addressed in your response. Thank you for your consideration in this regard. If you are unable to answer any of the following questions, please explain.

- How long have you known this applicant and in what capacity have you known this applicant? How long have you supervised the applicant clinically?
 - Why do you believe this applicant should complete a residency?
 - Please describe the applicant's sense of responsibility and professional integrity.
 - How does this applicant function within a group? Individually? As a leader?
 - Describe a stressful situation you know this applicant has experienced and explain how s/he responded.
 - Comment on this applicant's areas of clinical strengths and weaknesses. Give examples as appropriate.
 - What obstacles do you feel this applicant may need to overcome in order to be a successful resident?
 - Please comment on how the applicant responds to & utilizes constructive feedback.
 - How do you feel this applicant responds to ethical dilemmas? Give examples as appropriate.
 - Please include anything else you feel we should know about this applicant.
-

The following is a list of possible residency opportunities and is not reflective of additional opportunities under development by the NCNM Office of Graduate Medical Education or by students. If you are currently working to create a residency opportunity, or have a potential residency site, please indicate this by providing pertinent information in the "Other Residency Opportunities" category. If you need additional space, please attach a separate page. This information will not be disclosed prior to selection without your permission. The development of other "Distant Site" residency opportunities is ongoing.

All distant sites and supervising physicians submitted for approval must complete a certification process through the Office of Graduate Medical Education at NCNM. The College may in no way be held responsible for the cancellation of distant site residency positions—such cancellations may be at the discretion of the distant site sponsoring organization. Therefore, a guarantee of a permanent slot is beyond the reasonable control of the College.

Applicants are required to interview at each site for which s/he would like to be considered. Once the Selection Committee completes the initial screening process and certifies the application, written notification will be mailed to the applicant confirming his/her eligibility to interview. Instructions will be provided regarding the interview process for each participating site. Scheduling interviews for First Year residency positions at NCNM Clinic begins Wednesday 10, 2010. Granting of interviews for positions at distant site locations are at the discretion of and by invitation from the sponsoring organization. Interview selection criteria, if applicable, is listed below.

Please check the box for each opportunity for which you would like to be considered and return this form with the application packet:

ON-SITE FIRST YEAR RESIDENCY OPPORTUNITIES:

- NCNM Clinic, Portland, OR**
 - Seven (7) Full-time, One-Year Positions
 - Start date: October 2010
 - General practice with time split between NCNM Clinic and community clinics.
 - Assist and supervise student teaching shifts, supervise hydrotherapy shifts and assist in academic CPD, GYN and other lab classes as needed.
 - Opportunities for private practice shifts
 - Weekly continuing education and community rotations.
 - Strong academic and teaching background preferred

- Center for Natural Medicine, Portland, OR, Marty Milner, ND.**
 - One (1) Full-time, One-Year Position, with possibility of a 2nd year.
 - Start date: October 2010
 - General practice with an emphasis on Cardiology, Oncology and Pulmonology.
 - This position is ½ time at CNM on the cardiopulmonary shifts.
 - This position is ½ time at NCNM Clinic and community clinics.
 - Assist and supervise student teaching shifts, supervise hydrotherapy shifts and assist in academic CPD, GYN and other lab classes as needed.
 - Weekly continuing education and community rotations.
 - *Only applicants from the Heart & Lung student rotations at CNM will be considered for interview*

ON-SITE FIRST YEAR RESIDENCY OPPORTUNITIES:

- Integrative Women's Health/Advanced Gynecology NCNM Clinic, Portland, OR, Kimberly Windstar-Hamlin, ND**
 - One (1) Full-time, One-Year Position, with possibility of a 2nd year.
 - Start date: October 2010
 - This position is ½ time with Dr. Windstar on her Mentor shifts at the NCNM Clinic, assisting with coordination, scheduling and clinic shift education.
 - This position is ½ time General practice with time split between NCNM Clinic and community clinics.
 - Focus is on women's health and gynecology procedures, including colposcopy.
 - Highly recommended that candidates complete a colposcopy seminar prior to the start date.
 - Weekly continuing education and community rotations.
 - Assist with Gynecology and/or CPD Lab classes at NCNM as needed
 - *Only applicants from Dr. Windstar's Mentor rotations will be considered for interview*

DISTANT SITE FIRST YEAR RESIDENCY OPPORTUNITIES:

- Integrative Medicine Residency associated with A Woman's Time, Portland, OR, Tori Hudson, ND**
 - One (1) Full-Time, One-Year Position with possibility of extending into a second year
 - Start date: October 2010
 - Integrative medicine – preferential focus on women's health
 - Assist with student shifts at NCNM clinics 1/4 time
 - Applicants must have demonstrated some acumen and special interest in women's health, previous precepting with physicians who are strong in women's health, and/or clinic shifts where that experience was gained.
 - Knowledge of botanical and nutritional therapeutics is beneficial

- Nature Cures Clinic, Portland, OR Greg Nigh, ND, LAc & Greg Eckel, ND, LAc**
 - One (1) Full-time, One-Year Position
 - Start date: October 2010
 - 1/2 time at Nature Cures Clinic; a general medicine practice with an emphasis on IV therapy, acupuncture, and private practice.
 - 1/2 time at NCNM Clinic and community clinics. Assist and supervise student teaching shifts, supervise hydrotherapy shifts and assist in CPD & GYN labs.
 - Weekly continuing education and community rotations.
 - *Prefer candidates who are graduates of Naturopathic medicine and Oriental Medicine programs*

- Integrated Health Department, Clifton Springs Hospital and Clinic Clifton Springs, NY, Les Moore, ND, LAc**
 - One (1) Full-Time, One-Year Position
 - Start date: October 2010
 - General Naturopathic practice and Chinese Medicine practice focusing on family health care, hydrotherapy and difficult/chronic diseases, especially cancer, autoimmune and neurological disorders.
 - Opportunity for hospital based naturopathic medicine (inpatient, outpatient, addictions, ED, nursing home, post-surgery, etc.)
 - *Prefer candidates who are graduates of Naturopathic medicine and Oriental Medicine programs.*

- The Center for Natural and Integrative Medicine, Orlando, FL Kirti Kalidas, MD, ND**
 - One (1) Full-Time, One-Year Positions with the possibility of extending into a second year.
 - Start date: October 2010
 - General medicine practice combining conventional medicine and innovative naturopathic therapies. This practice has a strong emphasis on detoxification, endocrinology and IV therapy.
 - Unique Naturopathic Modalities such as Hyperbaric Oxygen therapy, Infrared sauna, lymphatic drainage and nutritional and IV chelation.
 - *Prefer candidates with IV experience.*

- University of Bridgeport Naturopathic College, CT**
 - One (1) Full-time, One-Year Position
 - Start date: October 2010
 - 24 hrs/week of general family medicine at UB Health Center and/or satellite clinics, working with supervising physicians on student teaching shifts.
 - 16 hrs/week at the Center for Personalized Medicine providing direct patient care.
 - Strong academic background, with teaching experience, and ability to work in diverse teams a requirement.

DISTANT SITE FIRST YEAR RESIDENCY OPPORTUNITIES:

- Utah Valley Natural Health Center, Provo, UT, Jeff Wright, ND**
 - One (1) Full-Time, One-Year Position
 - Start date: October 2010
 - General Naturopathic practice incorporating all aspects of naturopathic care including nutritional IV and chelation therapy, physical medicine, homeopathy, botanical medicine, hydrotherapy and lifestyle counseling.
 - Specific areas of focus include: Chronic Fatigue, Mental Health, Allergies and Chemical Sensitivities
 - Innovated diagnostic and treatment modalities such as infrared sauna, blood cell analysis, Colonic therapy, microcurrent and acupuncture.
 - Rotation opportunities with MDs and NDs.
 - *Preference given to applicants who intend to stay in Utah after residency.*

- Healing Solutions Pediatric and Family Centers, Sandy, UT Joseph Humpherys, ND**
 - One (1) Full-Time, One-Year Position
 - Start date: October 2010
 - General Naturopathic practice incorporating all aspects of naturopathic care including nutritional IV and chelation therapy, physical medicine, homeopathy, botanical medicine, hydrotherapy and lifestyle counseling.
 - Specific areas of focus include: Autism and developmental disabilities, Chronic Fatigue, Mental Health, Allergies and Chemical Sensitivities
 - Innovated diagnostic and treatment modalities such as infrared sauna, blood cell analysis, Colonic therapy, microcurrent and acupuncture.
 - Rotation opportunities with MDs and NDs.
 - *Preference given to applicants who intend to stay in Utah after residency.*

- Arthritis Care, Lansing, Michigan Carla Guggenheim, DO**
 - One (1) Full-Time, One-Year Position
 - Start date: October 2010
 - Integrative residency focusing on rheumatology with direct mentoring from both a DO and ND.
 - Intensive naturopathic rotations; some travel may be required.
 - Applicants must have a strong desire to work in an integrative setting and be comfortable with polypharmacy.
 - Rotation opportunities with DOs, MDs and NDs.

- Center for Natural Medicine, Portland, OR, Marty Milner, ND**
 - One (1) Full-time, One-Year Position, with possibility of a 2nd year.
 - Start date: October 2010
 - General practice with an emphasis on Cardiology, Oncology and Pulmonology.
 - This full time at Center for Natural Medicine working with Dr. Milner in his private practice.
 - Resident will see patients both with Dr. Milner and independently
 - Additional practice focus on IV therapies, orthotics, amino acid therapies, dispensary and administration.
 - Goal of publishing at least one article by the end of the year.
 - *Only applicants from the Heart & Lung student rotations at CNM will be considered for interview*

DISTANT SITE FIRST YEAR RESIDENCY OPPORTUNITIES, CONTINUED:

- Natural Health Associates, Hamden, CT – sponsored by Thorne Research**
Jim Sensenig, ND
 - One (1) Full-time, One-Year Position
 - Start date: October 2010
 - General Naturopathic practice incorporating all aspects of naturopathic care including botanical medicine, physical medicine, homeopathy, hydrotherapy and nutritional counseling.

- The Avante Medical Center, Anchorage, AK**
Jason Harmon, ND
 - One (1) Full-time, One-Year Position
 - Start date: October 2010
 - Primary care residency including: pediatrics, fertility support, oncology treatment, laser therapies, IVs, allergy testing and treatment, etc.

- The Preventive Medicine/Public Health Residency, Portland, OR**
Maki Aoki, ND
 - Two (2) Full-time, Two-Year Positions
 - Start date: April 2011(tentative based on funding)
 - Applicants must demonstrate commitment to working with low-income populations and continuing a career based in public health
 - Priority will be given to those applicants who have a previous MPH, DrPH or are currently enrolled in an MPH program

- The Paracelsus Natural Family Health Center, Pasadena, CA**
Simon Barker, ND
 - One (1) Full-Time, One-Year Position
 - Start date: October 2010
 - Direct mentoring from both a DO and ND
 - Primary care residency including: pediatrics, adult, cancer, thyroid, menopause, IVs, etc.

ON SITE SECOND YEAR RESIDENCY OPPORTUNITIES:

- NCNM Clinic, Portland, OR**
 - Two (2) Full-time, One-Year Positions
 - Start date: October 2010
 - Working as supervising physician on teaching shifts each term as well as working with other doctors on teaching shifts.
 - Assist with quarterly proficiency testing of students.
 - Participate in external rotations.
 - Opportunity for private shifts at NCNM Clinic
 - Organize and supervise Clinic Synthesis classes & weekly Grand Rounds
 - Completion of first-year residency from an accredited program is required

RESIDENCY OPPORTUNITIES BEGINNING APRIL 2010

- Sojourns Community Health Clinic, Westminster, VT.**
Amy Voishan-Littlefield, ND, LAc
 - One (1) Full-Time, Two-Year Position with the option of extending into a third year.
 - Start date: **April 2010**
 - Integrative residency focusing on community health and outreach.
 - Non-profit, multidisciplinary, integrated, holistic clinic offering general family health care, biological medicine, wellness support, and health education programs.
 - Rotation opportunities with MDs, DCs and NDs.

**** We strongly suggest that you continue to check on any updates to the local and distant sites during the next 2 months. These sites may change; new sites are in development and may be added to this application before the final deadline.**

First Name MI Last Name
Current Address of Student
City, State, Zip Code

Profile

Desires a first year resident position in the NCNM Naturopathic Medicine Residency Program. Able to be effective in a practice of any size. Draw on experience with a range of patient issues, including additional work in women and children's care. Interested in health education for homeless. Strong desire to contribute to the success of a program through an ability to initiate and maintain relationships. Creative developer and presenter of educational information.

Education

Doctor of Naturopathic Medicine, Graduating June 2010

National College of Natural Medicine, Portland, OR 2006 – 2010

Completing an accredited program of coursework and supervised practice in Botanical, Homeopathic, and Physical Medicine. Extensive exposure to issues involving women and children. Additional work in nutrition.

Research Project

- Assisted the primary investigator in a double blind, randomized controlled trial conducted at the NCNM Helfgott Research Institute that evaluated the effectiveness of herbal supplements towards the control of Diabetes Mellitus in post-menopausal women. Co-authored the research report that has been submitted for publication to the Journal of Alternative Medicine.

Preceptorships:

- Joe Smith, ND, General Practice, 20 hours.
- Jane Carter, ND, Woman's Practice, 20 hours.

Bachelor of Science, Zoology

Miami University, Oxford, OH 2001 - 2005

- Participated in a community service project to increase citizen participation in a clean up campaign.
- Served as project leader in a fund raising project sponsored by the University Student Council towards helping homeless youths' return back to school.

Related Experience

NCNM, Portland, OR 2008-present

Teaching Assistant

- Assists professor in the Anatomy class.
- Guides students during cadaver dissections.
- Answers questions and demonstrate as needed.

Portland Youth Ministry, Portland, OR 2005-2007

Camp Group Leader

- Participated in community youth group activities.
- Developed activity programs now utilized by the youth ministry in helping children improve reading skills.

Franciscan Care Center Nursing Home, Portland, OR 2006- 2008

Volunteer Recreation Worker

- Provided social support to patients by reading to them, writing letters, and visiting with them.
- Formed friendships which enriched lives of patients

McCullough County Hospital, Oxford, OH 2001-2003

Volunteer Aide

- Performed reception and other office duties in the Maternity ward.

Morgan Mountain Sports, Oxford, OH 2001 – 2002

Owner and Operator

- Started and managed this recreation business which served enthusiasts and tourists in State park.
- Created radio promotions, flyers and interesting events which increased participation in mountain biking