

YOUPING QIN

2274 NW Raleigh St.
PORTLAND, OR 97210

EDUCATION

- 2002 Doctor of Medicine, Chengdu University of Traditional Chinese Medicine (TCM), Chengdu, Sichuan, PRC
- 1999 M.M.Sc. (Masters degree of Medical Science), Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984 B.M. (Bachelors degree in Medicine) Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1979 High School Student, #5 High School of Chengdu, Chengdu, Sichuan, PRC

TEACHING

- 2001-present Instructor in the School of Classical Chinese Medicine, National College of Natural Medicine (NCNM), Portland, Oregon, USA
- 1998-01 Associate Professor (Associate Chief Physician), Acupuncture & Tuina College of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984-01 Instructor, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 2000 Visiting Scholar, Shou Zhong School of Classical Acupuncture & TCM, Berlin, Germany
Clinic & Chinese Herbal Laboratory of Karl Zippelius, M.D., Florence, Italy
Clinic of Dimitris Sifneos, M.D., Paros, Greece
Clinic of Joseline Chambrin, N.D. Nantes, France
- 1999-00 Accredited Instructor of the "Examinee Class of Traditional Chinese Medicine & Herbology for Intermediate Professional Promotion of Sichuan Province" (held by Health Department of Sichuan Province, PRC)
- 1998 Visiting Scholar, German Association for Classical Acupuncture and TCM
Hamburg, Rottenburg & Munich, Germany
- 1995 Instructor, Shou Zhong School of Classical Acupuncture & TCM, Berlin, Germany
- 1991-92 Instructor, German Association for Classical Acupuncture and TCM, Tönning, Hamburg, Rottenburg & Munich, Germany
- Visiting scholar, Zurich, Switzerland
- Visiting scholar, Copenhagen, Denmark

CLINICAL EXPERIENCE

- 2005-present Acupuncturist, *L.Ac.*, Private Practice: Golden Needle Acupuncture Clinic, Portland, Oregon
- 2001-present Acupuncturist, *L.Ac.*, Teaching Clinic of National College of Natural Medicine, Portland, Oregon
- 1984-01 Licensed physician, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 2000 Acupuncturist & Herbalist, Wasserturmpraxis of Shou Zhong School of Classical Acupuncture & TCM,

Berlin, Germany
Clinic of Dimitris Sifneos, M.D., Paros, Greece
Clinic of Joseline Chambrin, N.D., Nantes, France

- 1993-01 Private Practice, Physician of Acupuncture & Chinese Herbs, Chengdu, Sichuan, PRC
- 1992-93 Physician-in-charge, Yanyuan County, Yi Minority Autonomous Prefecture, Sichuan, China
- 1991-92 Acupuncturist & Herbalist, Clinic of N.D. Herbert Vater, Tönning, Germany
- 1989-91 Chief Resident, the Teaching Hospital, Chengdu University of TCM, Chengdu, Sichuan, PRC
In charge of the daily work of Acupuncture Department of the hospital
- 1989 Resident, Neurological In-Patient Department of Sichuan Provincial People's Hospital, Chengdu, Sichuan, PRC
- 1984-88 Resident, Acupuncture Department, the Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1983.84 Clinical internship, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1981 Clinical observation, People's Hospital of Pengxi County, Sichuan, PRC

ACCREDITATION EXPERIENCE

- 2002-present Participant in Admissions interviews for the School of Classical Chinese Medicine, National College of Natural Medicine, Portland, Oregon
- 2002-present Masters Degree thesis advisor and member of thesis defense committees, School of Classical Chinese Medicine, National College of Natural Medicine, Portland, Oregon
- 2002 & 1999 Examiner for the final enrollment tests of doctoral students, Acupuncture College of Chengdu University of Traditional Chinese Medicine
- 2000 Secretary of the Evaluation Committee of Doctoral Thesis Defenses, Acupuncture College of Chengdu University of Traditional Chinese Medicine
- 1999-2000 Accredited Instructor of the "Examinee Class of Traditional Chinese Medicine & Herbology for Intermediate Professional Promotion of Sichuan Province" (held by Health Department of Sichuan Province, PRC)

PROFESSIONAL AFFILIATIONS & LICENSES

- 2004-present Diplomate in Acupuncture, NCCAOM (The National Certification Commission for Acupuncture and Oriental Medicine, USA)
- 2001-present LAc., Board of Medical Examiners, Oregon
- 2002 Doctorate & Doctoral Diploma of Medical Science, Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984-present Licensed Physician in China, Health Ministry of the People's Republic of China
- 2001 Recommendation Certificate as an excellent teacher for Acupuncture & TCM, Laboratory of Chinese Material Medica of Dr. Karl Zippelius, Florence, Italy

- 1999 Masters Degree & Diploma of Medical Science, Chengdu University of TCM, Chengdu, Sichuan, PRC
Trustee of the Institute of Foot Reflex Therapy of Sichuan Province, Chengdu, PRC
- 1998 Certificate for Visiting Lecturer, Association for Classical Acupuncture and Traditional Chinese Medicine R.A., Germany
- 1997-03 Certificate of Honorable Member of Association for Classical Acupuncture and Traditional Chinese Medicine R.A., Germany
- 1990-03 Membership of China Association of Acupuncture, Beijing, PRC
- 1984 Bachelors Degree & Diploma of Medicine, Chengdu University of TCM, Chengdu, Sichuan, PRC

HONORS AND AWARDS

- 2007 Certificate of Achievement, in recognition of membership in and contribution to NCNM's Vanguard Faculty team, including completion of the 9th Annual Rocky Mountain Workshop on How to Practice Evidence-Based Health Care.
- 2004 Making A Difference Award ("Zhang Zhongjing"), 2004 – for contributions to NCNM and Holistic Medicine
- 2002 One of the best faculty winners of the Best of the West 2002 awards program of The Traditional Chinese Medicine World Foundation
- 2002 Nominated for an award as a part of Making A Difference from National College of Naturopathic Medicine
- 2001 Yearly "HOIST SCHOLASHIP" of Chengdu University of Traditional Chinese Medicine
- 1994 Awards (¥ 1000) for Scientific & Technological Thesis of the Teaching Hospital of Chengdu University of TCM (articles: "Kidney-Brain-Ren Du Circulation & CNS Diseases" and "China Scalp Acupuncture")

RESEARCH AND SCHOLARLY ACTIVITIES

- 2008 Volunteer Translator for Dr. Xianen Wang, The Principle and Application of Chinese Medicine (3 credits)
- 2007 Researcher, Evidence-Based Chinese Medicine, Helfgott Research Institute, NCNM
- 2005 Taught "Strengthen Vitality to Achieve Longevity" Qigong in SW community, sponsored by Mercy & Wisdom Health Corp. and Tzu Chi Foundation USA (April)
- 2004 EXPO of Body-Mind-Spirit products, April 2004, San Francisco
- 2003 1st Academic Exchange Conference of North American Physicians' Association of Chengdu University of TCM, December 2003, Las Vegas, Nevada
- 2001-present Advisor of Masters Degree Thesis candidates in the CCM program of NCNM
- 2003 "Acupuncture analgesia & acupuncture anaesthesia", presentation at "Hygiene A.D.E. Study Club, Oregon Health & Science University", Portland, Oregon, USA

"Ancient Chinese Secrets of Health"-The practice of moxibustion for health preservation,
seminar at New Renaissance Book Store; Portland, Oregon, USA
http://www.newrenbooks.com/events/august_description.html#qin

- 2002 Doctoral research "Laboratory Study on Acupuncture and Moxibustion in Preventing and Treating Rats' Immune Hepatic Fibrosis Induced by Porcine Serum," Chengdu University of Traditional Chinese Medicine, PRC
- 2001 "Epilepsy under Acupuncture Treatment," Scholarship of DAAD for the cooperative research project between Fridrich-Alexander Nünburg-Erlangen University, Germany and Chengdu University of Traditional Chinese Medicine
- 2000 Scientific research on the Chinese Herb Preparations of Classical Chinese Orthopedics, Laboratory of Chinese Material Medica of Dr. Karl Zippelius, Florence, Italy
- Study on the Influence of Chinese Herbal Formula "Ling Qi Chloasma-Dispersing Formula" to Human Epidermic Melanocyte in Synthesizing Melanin
- Attended BEIJING' 2000 International Congress on Traditional Medicine, academic exchange topic: "Exploration of the Laws of Acupoints Selection and Combination Based on Syndrome Differentiation in Treating Convalescent Apoplexy," Beijing, PRC
- 1999 "Systematic Estimation on Bell's Palsy under Acupuncture Therapeutics & Clinical RCT Study"
 "Develop of Teaching-Assist Multi-Media of Acupuncture & Moxibustion," Chengdu University of Traditional Chinese Medicine, PRC
- 1998 Research work of Masters Degree: "Exploration of the Laws of Acupoints Selection and Combination Based on Identification of Syndromes in Treating Convalescent Apoplexy"
- Attended the 29th Congress (annual meeting) of German Association for Classical Acupuncture and TCM, academic exchange topic: "Bi Syndrome" (rheumatic diseases), Rottenburg, Germany
- 1997 "Clinical Observation on 60 Clinical Cases of Convalescent Apoplexy Treated by Moxibustion," Teaching Hospital of Chengdu University of TCM, PRC
- Attended '97 Sichuan Zhongjing Academic Conference of Shang Han Lun, academic exchange topic: "Clinical Observation on 39 Cases of Biliary Ascariasis Treated by Acupuncture"
- 1996 "Clinical Studies on the Treatment of Chloasma with Application of Chinese Herbs on Point Shenque (CV8)," Chengdu, PRC
- 1995 "Clinical Studies on 'Jiang Qi Chloasma-Dispersing Formula' in treating Chloasma," Chengdu, PRC
- 1993 "Study on the Mechanism of Visual Improvement by Acupuncture & the Relationship Between Eyes and Twelve Regular Meridians," Chengdu University of Traditional Chinese Medicine, PRC
- 1992 Attended the 23rd Congress (annual meeting) of German Association for Classical Acupuncture and TCM, Academic exchange topic: "Chinese Scalp Acupuncture," Rottenburg, Germany
- 1991 Clinical Observation on the Combination Treatment of Acupuncture & Homeopathy, Tönning, Germany
- 1988 Multi-Functional Vacuum Instrument for the Therapeutics of Acupuncture and Moxibustion, Teaching Hospital of Chengdu University of TCM, PRC

PUBLICATIONS

- 2008 "Magnets Applied to Acupuncture Points as Therapy – A Literature Review,"
《ACUPUNCTURE IN MEDICINE》 2008; 26(3): 160-170. www.
Acupunctureinmedicine.org.uk/volindex.php
- 2007 DVD of Qi Work (Qigong): A. The Ten Postures of Buddha's Warrior; B. Qigong for
Strengthen vitality to Achieve Longevity, NCNM
- 2006 "Clinical Application of Bahuang Points," 《The Journal of Chinese Medicine》 , 2006; No.81 (6): 44
- 2002 "Laboratory Study on Acupuncture and Moxibustion in Preventing and Treating Rats' Immune Hepatic
Fibrosis Induced by Porcine Serum," 2002 Collection of Doctorate Thesis of Chengdu University of
Traditional Chinese Medicine (China State Library)
- 2002 Editor of 《Advanced Series of TCM Science of Prescriptions Formula for Rectify the Blood》 ,
People's Health Publishing House, 5.2002
- 2001 "Anticipating a New Medical System Based on the History of Classical Chinese Medicine and Western
Medicine," 《Journal Of Sichuan Continuing Education College Of Medical Sciences》 , 2001; 20 (1):73
- 2000 "Exploration of the Laws of Acupoints Selection and Combination Based on Syndrome Differentiation in
Treating Convalescent Apoplexy" 《Abstracts Of International Congress On Traditional
Medicine (Beijing 2000) 》 , p369,04.2000
- 2000 《English for TCM》 , Editor; Sichuan University Publishing House, 09.2000
- 2000 "Clinical Observation on 45 Cases of Postapoplectic Frozen Shoulder under Acupuncture & Moxibustion
Treatment" 《Journal Of Clinical Acupuncture And Moxibustion》 , 2000;16(10):25
- 2000 "Appling Vaccariae Semen On Ear Points In Treating 32 Cases Nausea & Vomiting Caused By Using
Erythromycin" 《Journal Of Clinical Acupuncture And Moxibustion》 ,2000;16 (11):32
- 1999 "Exploration of the Laws of Acupoints Selection and Compatibility Based on Identification of Syndromes in
Treating Convalescent Apoplexy," 1999 Collection of the Thesis of Masters Degree of Chengdu
University of Traditional Chinese Medicine (China State Library)
- 1998 "Clinical Observation on the Treatment of 58 Cases of Convalescent Apoplexy with Moxibustion," 《TCM
IN SICHUAN》 , 1998;(12):53
- 1998 " Report of 125 Cases of Acute Soft Tissue Injury Treaded by Using Ashi Point" 《Journal Of Sichuan
Continuing Education College Of Medical Sciences》 , 1998; 17 (4):225
- 1998 "Clinical Studies on the Treatment of Chloasma with Application of Herbs on Shenque (CV8) "
《ACUPUNCTURE RESEARCH》 , 1998;23(2):109
- 1998 "39 Cases Biliary Ascariasis Treated by Acupuncture" 《TCM IN SICHUAN》 , 1998;16(3): 50

- 1998 "Method of Replenishing Yin & Essence in treating Osteoporosis" 《Journal Of Sichuan Continuing Education College Of Medical Sciences》 , 1998 ; 17(4):257
- 1997 "Clinical Studies on the Treatment of Chloasma with 'Jiangqi Formula of Chloasma-Transforming '" 《Journal Of Sichuan Continuing Education College Of Medical Sciences》 , 1997;16(4):208
- 1997 "Clinical Observation on 40 Cases of Herpes Zoster Under the Combination of Internal & External Treatment of TCM" 《Journal Of Sichuan Continuing Education College Of Medical Sciences》 1997;16(2):81
- 1996 "TCM Differential Treatment on 120 Cases of Profuse Menstruation" 《Journal Of Chengdu University Of TCM》 , 1996;19(4):208
- 1995 "50 Cases of Acute Ankle Strain under Needling on Ashi Points " 《TCM IN SICHUAN》 , 1995;(7):53
- 1994 Translator and Instructor of "NEEDLE TECHNIQUES FROM THE 'HUANG DI NEI JING'" – Mr. Ramon Velleman's Masters Degree Thesis of Acupuncture College of England
- 1993 "Die Ren-Du-Zirkulation" 《VOLKSHEIKUNDE》 (Naturopathic Medical Magazine of Germany), 1993; (1-3)
- 1993 "Akupunktur der Kopfhaut" 《VOLKSHEIKUNDE》 (Naturopathic Medical Magazine of Germany), 1993;(8-10)

SPECIAL PROJECTS

- 2001-2008 Volunteer (as a pulse & tongue reader) at Open House of NCNM's Pettygrove Clinic
- 2006 Clinic Open house of specialty in Orthopedics, First Ave. clinic
- 2003 Public Service at the event of National Acupuncture Day of USA, Oct. 24 2003, Portland
- 2000 & Volunteer in Group 83rd of "China Hundred Teams of Doctoral Students" for Sending Culture, Science Technology and Health to the Rural Area (See: CHINA YOUTH DAILY, 07/04/00; www.cyd.com.cn)
The Missions: health training program, clinical instruction and clinical services
<http://www.jyb.com.cn/cedudaily/r10/zonghe/fupin105.htm>
- 2000 Emendator of the encyclopedia - "China Canon • Canon of Medicine & Health • Medical Classics • Acupuncture Pandect • Taboos in Acupuncture and Moxibustion"

CONTINUING EDUCATION ATTENDED

- 2008 Dr. Xianen Wang's lecture, The Principle and Application of Chinese Medicine (3 credits)
- Pain Management with Acupuncture, approved by OAA (Oregon Acupuncture Association) (7 hours)

Advancing Pain Management in Oregon, approved by Oregon Governor's Advocacy Office, DHS Pain Management Program (1 hour)

OHSU
SPARC: Symposium for Portland Area Research on Complementary & Alternative Medicine,
Approved by NCNM-7.25 Continuing Education Lecture hours

Qi Gong training: approved by OAA (1 hour: 0.5 hour Chinese Shamanic Shaking Qigong and 0.5 hour Turtle Longevity Qigong)

2007 9th Annual Rocky Mountain Workshop on How to Practice Evidence-Based Health Care, University of Colorado School of Medicine, Colorado Spring, CO (39.5 CE credits)

2006 SPARC: Symposium for Portland Area Research on Complementary & Alternative Medicine, OHSU
Approved by NCNM-6 Continuing Education Lecture hours

Apprenticeship with Professor Zuohui Wen, for Advanced Tai Ji Quan Training, Chengdu, PR china (30 hrs)

CRP Training, 2006, American Heart Association

2004 Lecture ("The Philosophical Principles of CCM"), from Prof. Zhongjia Deng, Chengdu University of TCM

2003 Academic Exchange Conference of Dr. Stephen Bezruchka's lecture: *"What Makes a Population Healthy?"* (Monday, March 24, 2003; Portland State University, Hoffmann Hall)

Acupoints Research Class, under the supervision of Dr. Heiner Frühauf, Ph.D., National College of Naturopathic Medicine, Portland, Oregon

Training from Dr. Andrew Belange

2002 98' Sichuan (China) Course in Health Promotion and Education for Health, Chengdu, PRC

1999-02 Doctorate education, The College of Acupuncture & Tuina, Chengdu University of TCM

1984-2001 Participated in the Program of Annual Continuing Education of the Teaching Hospital of Chengdu University of TCM, Chengdu, PRC

Participated in the Program of Annual Continuing Education of the Chengdu Association of Medical Science, Chengdu, Sichuan, PRC

2000 Attended International Congress on Traditional Medicine (BEIJING 2000), Beijing, PRC

1996-99 Masters Degree education, Chengdu University of TCM

1998 Attended the 29th annual meeting of German Association for Classical Acupuncture and TCM, Rottenburg, Germany

Exchange Conference of Academic Thought of Dr. Zhang Zhongjing, Chengdu, Sichuan, PRC

1997 Attended '97 Sichuan Zhongjing Academic Conference of Shang Han Lun, academic exchange topic: "Clinical Observation on 39 Cases of Biliary Ascariasis Treated by Acupuncture"

1996 Attended Chengdu '96 International Conference of TCM, Chengdu, Sichuan, PRC

- 1992 Attended the 23rd annual meeting of German Association for Classical Acupuncture and TCM,
Rottenburg, Germany
- 1989 Advanced study of Internal Neurological Medicine, Neurological In-patient Department of Sichuan
Provincial People's Hospital, Chengdu, Sichuan, PRC