

Sheryl J Estlund, N.D.

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EDUCATION

- 2005-2006 Residency in General Medicine
PGY3: Natural Health Centers
Portland, Oregon
- 2004-2005 Residency in General Medicine
PGY2: Natural Health Centers
Portland, Oregon
- 2003-2004 Residency in General Medicine
PGY1: Natural Health Centers
Portland, Oregon
- 2003 Doctor of Naturopathic Medicine
Honors graduate
National College of Natural Medicine
Portland, Oregon
- 1992 Bachelors of Science in Psychology, Sociology
Minor Degree in Gerontology
University of Oregon
Eugene, Oregon

PROFESSIONAL EXPERIENCE

- 2008-Present National College of Natural Medicine
Portland, Oregon
Director of Post Graduate Medical Education, ND Clinical Faculty
- 2006-2008 National College of Natural Medicine
Portland, Oregon
Coordinator, Department of Post Graduate Medical Education, ND
Clinical Faculty
- 1997-1999 Providence Medical Group/Sunset
Portland, Oregon
Clinic Coordinator

1993-1997 Delaunay Family of Services
Portland, Oregon
Residential Care Facility Administrator

CLINICAL EXPERIENCE

2007-Present Northwood Health Center
Woodburn, Oregon
Acute Care, Pain Management, General Medicine

2006-Present Salem Naturopathic Clinic
Salem, Oregon
General Medicine

2006-Present Outside In
Portland, Oregon
Homeless/Acute Care

2002-Present NCNM Natural Health Center
Portland, Oregon
General Medicine

Residency and Medical School Clinical Experience:

2004-2006 Salem Naturopathic Clinic
Salem, Oregon
General Medicine
Supervising Physician: Donald McBride, N.D.

2002-2006 First In Health
Portland, Oregon
General Medicine and Acute Care
Supervising Physicians: Lisa DeCapua, N.D. and Laurent Chaix, N.D.

2004-2006 Portland Community College/Sylvania
Portland, Oregon
General Medicine
Supervising Physician: Judy Peabody, N.D.

2003-2006 Portland Community College/Workforce
Portland, Oregon
General Medicine
Supervising Physicians: Penel Houghton, N.D. and Judy Peabody, N.D.

2003-2006 Outside In
Portland, Oregon

Homeless Youth/Acute Care
Supervising Physicians: Wayne Centrone, N.D., Jason Barker, N.D.,
Michele Salob, N.D., Rita Bettenburg, N.D. and Dohn Kruschwitz, M.D.,N.D.

- 2004-2005 Providence St. Vincent Medical Center
Portland, Oregon
Pulmonology
Supervising Physician: Howard Lazarus, M.D.
- 2003-2004 Dignity Village Outreach Clinic
Portland, Oregon
Homeless Adults
Supervising Physicians: Wayne Centrone, N.D., Jason Barker, N.D., Julie
Kahn, N.D. and Penel Houghton, N.D.
- 2002-2004 Rockwood Community Clinic
Gresham, Oregon
General Medicine
Supervising Physician: Laurent Chaix, N.D.
- 2002-2004 Center for Natural Medicine
Portland, Oregon
Cardiology
Supervising Physicians: Martin Milner, N.D. and Tish Stoebner, N.D.
- 2001-2004 Mt Olivet Community Care Center
Portland, Oregon
General Medicine
Supervising Physician: Dohn Kruschwitz, M.D., N.D.
- 2003 Tzu Chi Medical Outreach Clinic
Portland, Oregon
General Medicine
Supervising Physician: Jason Barker, N.D.
- 2002-2003 Harvest Homes Community Clinic
Portland, Oregon
Geriatric Medicine
Supervising Physicians: Jason Barker, N.D. and Wayne Centrone, N.D.
- 2002 Neighborhood Health Centers-Multnomah County Health Clinic
Portland, Oregon
General Medicine/Acute Care
Supervising Physician: Wayne Centrone, N.D.
- 2002-2004 Homestreet Community Clinic
Aloha, Oregon
Mental Health

Supervising Physician: Audrey Bergsma, N.D.

2002 Cedar Creek Internal Medicine
Portland, Oregon
Internal Medicine
Supervising Physician: Steve Beeson, M.D.

2001 Providence St. Vincent Medical Center
Portland, Oregon
Infectious Disease
Supervising Physician: Patrick Goodall, M.D.

CONTINUING EDUCATION

2008 National College of Natural Medicine
Dr Russel Marz
2 hours

2008 Skin Disease Education Foundation
Women's and Pediatric Dermatology Seminar
18 hours

2008 Medscape
A Diver Unconscious at the Surface after a Recreational Dive
0.25 hours

2008 American Association of Orthopedic Medicine
Prolotherapy training, 23 hours

2008 National College of Natural Medicine
Advanced Gynecology Seminar: Pelvic Pain and Abnormal Uterine
Bleeding; 14 hours

2008 California Naturopathic Doctors Association
Bio-Identical Hormone Replacement Therapy Seminar; 23 hour

2008 Dr Jeffrey Bland
The Emerging Therapeutic Target; 6 hours

2007 National College of Natural Medicine
Practical Endocrinology; 15 hours

2007 Oregon Health Sciences University
Pharmacology Review; 5 hours

2007 Oregon Health Sciences University
Cardiology for the Primary Care; 13.25 hours

- 2007 Oregon Board of Naturopathic Examiners
Advanced Pain Management; 1 hour
- 2007 Oregon Association of Naturopathic Physicians
Drug and Behavioral Addictions
Pharmacology Seminar; 5.75 hours
- 2006 Oregon Association of Naturopathic Physicians
Pharmacy and Pain Management; 6 hours
- 2006 American College of Osteopathic Sclerotherapeutic Pain Management
Sclerotherapeutic Pain Management; 26 hours
- 2006 National College of Natural Medicine
Practical Endocrinology Review; 15 hours
- 2005 Oregon Association of Naturopathic Physicians
Pharmacy Seminar; 5 hours
- 2005 Risk Management Seminar
National College of Natural Medicine and Western States Chiropractic
- 2005 National College of Natural Medicine
Preventive Injection Therapy
Basic and Advanced IV Therapy; 18 hours
- 2005 American College of Osteopathic Medicine
Sclerotherapeutic Pain Management; 22.5 hours

VOLUNTEER/COMMUNITY SERVICE

- 2008 Habitat for Humanity
Portland Oregon
- 2006 Health Bridges International
Medical Outreach to Peru
One week intensive
- 2001-2003 AmeriCorps
Portland, OR
Volunteer community outreach medical services
- 1996-2002 Harvest Homes
Portland, OR
Volunteer to geriatric clientele

- 1991-1992 McKenzie Willamette Adult Day Care
Springfield, OR
Assistant Activities Coordinator
- 1988-1991 Rape Crisis Network
Eugene, OR
Volunteer crisis hotline and intervention counselor

EXTRACURRICULAR ACTIVITIES

- 2004-Present Outside In
Portland, Oregon
Community Outreach, Family and Acute Care
- 2004 Neurology Grader
National College of Natural Medicine
Portland, Oregon
Professor: Dr. Dick Thom
- 2002-2003 Anatomy/Physiology Tutor
National College of Natural Medicine
- 2002-2003 Harvest Homes Community Clinic Liaison
Portland, Oregon
Liaison with the National College of Natural Medicine
- 2001-2003 Grand Rounds Committee Administrative Assistant
National College of Natural Medicine
Portland, Oregon
Supervisor: Dr. Jason Barker
- 2000-2003 Anatomy Teaching Assistant
National College of Natural Medicine
Portland, Oregon
Professor: Dr. Jon Brons

LICENSES

- 2003-Present Naturopathic Physician license in Oregon
License #1300
- 2003-Present DEA
#MO1040257

AFFILIATIONS AND BOARDS

2007-Present Oregon Association of Naturopathic Physicians
Second Vice President

2005-2007 Oregon Association of Naturopathic Physicians
Secretary

HONORS AND AWARDS

2008 Carlson Award for Excellence in Clinical Teaching
National College of Natural Medicine

2003 Academic Honors
National College of Natural Medicine
Graduating Class 2003

COMMITTEES (NCNM)

2008-Current Post Graduate Medical Education Team

2007-2008 Non-Academic Review Committee

2007-Current Charting and Coding Committee

2006-Current Curriculum Committee

2006-2007 Academic Appeals Committee

2003-Current Post Graduate Medical Education Committee

REFERENCES

Available upon request