

# Xiaoli Chen

National College of Natural Medicine  
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Portland, OR 97201  
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## EDUCATION

Chengdu University of TCM, Chengdu, Sichuan, Doctor of Medicine, Acupuncture, 1991-1994

Chengdu University of TCM, Chengdu, Sichuan, Master of Medicine, Acupuncture, 1984-1987

Chengdu University of TCM, Chengdu, Sichuan, Bachelor of Medicine, Chinese Medicine, 1978-1983

## TEACHING AND LECTURING

<b>National College of Natural Medicine</b>	Portland, Oregon
Assistant Professor	2006-present
Instructor	2002-2006

### *Classes taught*

Acu-moxa Therapeutics	2008-present
Mentorship Tutorial (periodically)	2003-present
Acupuncture Points V	2003-present
Acupuncture Techniques V	2003-present
Acupuncture Points VI	2003-present
Case Presentation	2003-present
Clinical Observation	2002-present
Clinical Internship	2002-present

<b>Chengdu University of TCM</b>	Chengdu, China
Associate Professor	1996-2002

### *Classes taught*

Acupuncture and Moxibustion	1996-2002
Medical Classics	1996-2002
Techniques of Acupuncture and Moxibustion	1996-2002
Clinical Acupuncture and Moxibustion	1996-2002
Experimental Acupuncture and Moxibustion	1996-2002

Chengdu University of TCM	Chengdu, China
Instructor	1987- 1995

### *Classes taught*

Acupuncture and Moxibustion	1987- 1995
Medical Classics	1987- 1995
Techniques of Acupuncture and Moxibustion	1987- 1995
Clinical Acupuncture and Moxibustion	1987- 1995
Fundamentals of Internal Medicine of TCM.	1987- 1995

Chengdu University of TCM  
Assistant Instructor Chengdu, China  
1984-1987

*Classes taught*

Acupuncture and Moxibustion 1984-1987  
Classical Chinese Medicine 1984-1987  
schools of Chinese 1984-1987  
Clinical Acupuncture and Moxibustion 1984-1987  
Fundamentals of TCM. 1984-1987

## PROFESSIONAL AFFILIATIONS

2007-current Member of Faculty development committee, NCNM  
2006-current Assistant Professor and Clinical Supervisor, National College of Natural Medicine (NCNM)  
2006-2007 Associate Dean of Classical Chinese Medicine, NCNM  
2002-2006 Instructor and Clinical Supervisor, National College of Natural Medicine (NCNM)  
2002 Dean of International Education College, Chengdu University of TCM, China  
2002 Council Member of the Chinese Association of Rehabilitation Medicine, Sichuan Branch, China  
2001 Author and editor of the national altitude TCM education textbook of the new century elected by National TCM Altitude Education Association, China  
2001 Council Member of pain specialty of the China Association of Acupuncture and Moxibustion, Acupuncture Clinic Branch.  
1998-2002 Associate Dean of Acupuncture and Tuina College of Chengdu University of TCM, China  
1997-current Council Member of the China Association of Chinese Medicine, Sichuan Branch, China  
1996-2002 Associate Professor, Chengdu University of TCM and Vice-chief Physician at Acupuncture Department of Teaching Hospital of Chengdu University of TCM, China  
1996-1998 Director of the Experimental Acupuncture Research Center, Chengdu University of TCM, China  
1987-1995 Instructor, Chengdu University of TCM and Physician at Acupuncture Department of Teaching Hospital of Chengdu University of TCM  
1985-current Member of China Association of Acupuncture and Moxibustion  
1984-current Member of China Association of Chinese Medicine  
1984-1987 Assistant Instructor in Acupuncture and Tuina College of Chengdu University of TCM  
1983-1984 Resident Physician in TCM Department of Zigong Hospital, China.  
1982-1983 Intern at Department of Internal Medicine, Surgery, Gynecology, Pediatrics, Acupuncture and Tuina of Teaching Hospital of Chengdu University of TCM, China

## SCHOLARLY ACTIVITIES

2003-current effect of adjunctive acupuncture in the treatment of spasmodic dysphonia  
2003-2005 Case series on depression associated with menopause  
1999-2002 Chief Researcher, Research of the Functional Location of Eyes and Twelve Regular Meridians, Provincial government funded research project, Sichuan, China.  
1998-2001 Chief Researcher, Influence of Small-corn Moxibustion on the Immune Function in Adjuvant Arthritis in Rats. National Scientific Fund, China  
1998-2001 Chief Researcher, Research of the Treatment Mechanism on Diabetic Neuropathy by Acupuncture, Provincial government funded research project, Sichuan, China.  
1998-2000 Chief Researcher, Research of the combined Electro-warm and herbs on Shenque (CV-8) Preventing Senility, Provincial government funded research project, Sichuan, China.  
1996-1999 Chief Researcher, Research of the Treatment of the Scar by Using Herbs and Massage externally, provincial government funded research project, Sichuan, China.  
1994-1999 Chief Pursuer, Research of the Prevention and treatment for the Symptoms due to equation of time and in shifts by TCM, National Scientific Fund research project, China

- 1993-1995 Chief Researcher, "The Relationship between the eyes and the twelve meridians & the Research of the Electrical Physiology about Ameliorating Vision Function by Acupuncture," funded by National Scientific Foundation, China
- 1991-1994 Chief Researcher, "Research in the Relationship between the eyes and the twelve meridians & the Mechanism of the Ameliorating Vision Function by Acupuncture," Funded by National Administration of Traditional Chinese Medicine
- 1991-1994 Chief Researcher, "Experimental Researches on Some Peripheral Mechanism in Analgesic Effect of Electro-acupuncture 'Hegu' (LI 4) at Different Times," the subject of Doctoral Degree thesis of Chengdu University of Traditional Chinese Medicine.

## PUBLICATIONS

- 2004 "Chinese-English Clinical Moxibustion." Beijing: Publishing House of People's Health, 2004.
- 2003 "Experimental Acupuncture Science" the new century national altitude traditional Chinese Medicine college standard textbook, China Publishing House of Traditional Chinese Medicine in January 2003.
- 2003 Effect of Moxa Grain Moxibustion on TNF- $\alpha$ , IFN- $\gamma$ , Levels of Rheumatoid Arthritis Rats, International Journal of Acupuncture and Oriental Medicine in 2003 of Vol. XIV.
- 2003 Influence of small-corn Moxibustion on the Cellular Immunity in Adjuvant Arthritis Rats, Shanghai Journal of Acupuncture and Moxibustion in 2003 of Vol.22 No.1.
- 2002 Effects of Moxa-gain Moxibustion on serum TNF- $\alpha$  and IFN- $\gamma$  levels of rheumatoid arthritis in rats, Zhen Ci Yan Jiu (Acupuncture Research) in 2002 of Vol.27 No.3.
- 2002 Acupuncture and Immunology. Publishing House of People's Health in 2002 Influence of Electro-acupuncture Hegu (LI 4) on the Pain Threshold and Volume Pulsation of Finger Micro Vessels in Adults at Different Time, China Journal of Modern Medicine and Drugs Science and Technology in 2002 of vol.2 No.3
- 2001 Analgesic Effect and Influence of Plasma 5-HT Content by Electric Acupuncture the He-Gu (LI4) Point on Soft Tissue Injury Rabbits in Different Hour. Journal of Chengdu University of Traditional Chinese Medicine, 2001, 24(3):25
- 2001 Training Purpose of 21st Century Acupuncture and Moxibustion Personnel, Journal of Chengdu University of Traditional Chinese Medicine (Educational Science Edition) 2001, 3(1):23
- 2000 General Situation of TCM & Acupuncture. Characteristics of TCM. Modern Research on the Acupuncture and Regular Patterns of Acupuncture Treatment. Naturopathy Forum in Lubbeke, Germany
- 1999 "Professor Guan, Jiduo's Experience," published on Collection of Traditional Chinese Medicine Experts of Chengdu University of Traditional Chinese Medicine (book), Publishing House of People's Health in July 1999.
- 1998 "Probing into Correlativity between Acupoints below Gastric Cavity and the Pancreas," Chinese Acupuncture and Moxibustion on 1998 Vol.18 No.1.
- 1998 The Research into the Difference of the Human Body's Traditional Chinese Medicine Yin-yang Constitution for Adjustment of Biorhythm Upset after Shift Work. Third International Congress of Chronobiology and Chronomedicine, Oct.7-14, 1998
- 1997 Effect of electro-acupuncture Hegu point at different time on pain threshold and finger Microvessels in adults. Academic Conference of the tenth Anniversary of World Federation of Acupuncture and Moxibustion. November 1997.
- 1997 "Study on Difference of the Human Body's Yin-yang Constitution for Adjustment of Biorhythm Upset after Shift Work," participated and was read out in the World Integrated Medicine Congress on October 26, 1997.

- 1996 Effects on the Acupuncture Analgesic Effect and the Amount of 5-HT in Plasma of the Rabbits Injured Soft Tissue after Electro-acupuncture “Hegu” (LI 4) Point at Different Times.” Second International Symposium of Chronobiology and Chronomedicine, Shenyang, China. Oct.2, 1996
- 1994 “Experimental Researches on Some Peripheral Mechanism in Analgesic Effect of Electro-acupuncture ‘Hegu’ (LI 4) at Different Times,” published on the Collection of Doctoral Degree thesis of Chengdu University of Traditional Chinese Medicine on April, 1994.
- 1994 Research on the regularity of symptoms and treatment of musculature along the meridian. Sichuan TCM. April 1994.
- 1993 On the Clinical Application of the Theory about the Musculature Along the Meridian, Shanxi Correspondence Journal of Traditional Chinese Medicine, 1993, (4):32
- 1993 Research on the musculature along the meridian. Journal of Shanxi College of TCM, April 1993.

#### AWARDS

- 2008 Excellence in Clinical Teaching Award, National College of Natural Medicine (NCNM)
- 2008 Making a Difference Hua Tuo Award, National College of Natural Medicine (NCNM)
- 2003 Los Angeles International Golden Award in the 15th World Conference of TCM, Los Angeles, CA USA. Thesis “Effect of Moxa Grain Moxibustion on TNF-  $\alpha$ , IFN- $\gamma$ , Levels of Rheumatoid Arthritis Rats”
- 2002 Certificate of excellence thesis “Influence of Small-corn Moxibustion on the Cellular Immunity in Adjuvant Arthritis Rats” has been appraised first class award by Experimental Acupuncture Branch of the Chinese Acupuncture Academy & Shanghai Journal of Acupuncture and Moxibustion May, 2002
- 2000 “Outstanding contribution Ph.D.” Award in 2000 in Sichuan Province, China
- 1995 Honorary Certificate of Scientific and Technological Achievement Third Class, for “The research on the relationship between eyes and twelve meridians & Electrical Physiology Research of the Ameliorating Vision Function by Acupuncture” Awarded by the National Administration of TCM, China.
- 1995 Thesis “Effects on the Acupuncture Analgesic Effect and the Amount of in Plasma of the Rabbits Injured Soft Tissue after Electro-acupuncture “Hegu” (LI 4) Point at Different Times” has been appraised third class of excellence science and technology thesis by Chengdu City Science and Technology Association. August 1995
- 1995 Honorary Certificate of Scientific and Technological Achievement second Class for “The Relationship between the eyes and the 12 meridians & the Mechanism Research of the Ameliorating Vision Function by Acupuncture” Awarded by the Sichuan Administration of Traditional Chinese Medicine
- 1994 Honorary Certificate of Scientific and Technological Achievement Third Class for “The Relationship between the eyes and the 12 meridians & the Mechanism Research of the Ameliorating Vision Function by Acupuncture” Awarded by the Sichuan Province Government

#### STUDENTS MENTORED

Class of 2008

As an advisor for students’ thesis (3 students)

Yu Jin Lee, Laurie Passmore, Kelly Raydon-Feeney

As a reader advising students' thesis (4 students)  
Ana Azizkhani, Nora Rudin, Drew Scott, Tracy Chan

Class of 2007

As an advisor for students' thesis (3 students)  
Marilyn Walkey, Mika Tsongas, Wendy Rogers

As a reader advising students' thesis (3 students)  
Lanai Mackey, Jennifer Purcell, Mike Crupper

Class of 2004

As an advisor for students' thesis (4 students)  
Lisa Shaver, Susan Andersen, Patricia Cushman, Deirdre Orceyre,

As a reader advising student's thesis (7 students)  
Cara Philipo, Kimberly Hindman, Darcy Yent, Rebecca Provorse, Katina Martin, Evana Katahdin, Justin Ilsley

## **SERVICE ACTIVITES**

community service for Health Lecture, Mercy & Wisdom, 2008  
community service for the Health Fair, September 2008 AHSC  
community service for Health Lecture, Mercy & Wisdom, 2007  
community service for the Health Fair, September 2007 AHSC  
volunteering for Health Lecture, Natural Health Center (NCNM), Feb. 2007  
volunteering for Health Lecture, Pettygrove Clinic, May 2007  
community service for the Health Fair, September 2006 AHSC  
community service for Health Lecture, Mercy & Wisdom, Dec. 2006

## **CONTINUING EDUCATION CLASSES**

2007 – 2008

1. AAAOM Annual Conference October 18-22, 2007 Portland, Oregon
2. Introduction to Chinese Medicine Astrology 19.5 hours, 2008, NCNM
3. Dr. Liu Li hong Pearls of Wisdom from the Shanghan Lun 9 hours, 2008, NCNM
4. Web-based Training module, Advancing Pain Management in Oregon, 1 hour, 2008

2006 – 2007

1. Dr. Chris Metro's Integrative Nutrition, Oct. 2006, NCNM Ross Island Campus (6 hours)
2. Dr. Edward Neal' Special topic: meridians, Jan. 2007, NCNM Ross Island Campus (10 hours)
3. Classic Chinese Medicine Acupuncture Theory V & VI, Techniques V (108 hours)
4. Classic Chinese Medicine cases study, read and study Chinese books about Classic Chinese Acupuncture, and read some English books about the Chinese Acupuncture too (90 hours)
5. CPR class and training on Oct. 7, 2006 at NCNM Ross Island Campus (8 hours)
6. Symposium for Portland Area Research on Complementary & Alternative Medicine