

Rita Bettenburg MT (ASCP), ND

EDUCATION

- 1989-90 One year residency, Family practice, NCNM
- 1989 ND, National College of Naturopathic Medicine, Portland, OR
- 1974 BS, Medical Technology, University of Minnesota, Minneapolis, MN
- 1970 Gonzaga University, Spokane, WA

TEACHING

- 2006-08 Professor, Clinical/Physical Diagnosis, Pediatrics, NCNM; clinical faculty
- 1993-05 Associate Professor, Clinical/Physical Diagnosis, Pediatrics, Case Presentations, NCNM; clinical faculty
- 1990-92 Assistant Professor, Pediatrics, Laboratory Diagnosis, Clinical/Physical Diagnosis and Research Methods, clinical faculty, NCNM
- 1986-90 Instructor, Laboratory Diagnosis, NCNM
- 1980-85 practical clinical chemistry to medical technology interns, Abbott Northwestern Hospital, Minneapolis, Minnesota
- 1974-75 immunology and protein chemistry practical, VA Medical Research, Minneapolis, MN

PROFESSIONAL EXPERIENCE

- 2005-08 Dean of Naturopathic Medicine, NCNM
- 2004-05 Interim Dean of Naturopathic Medicine, NCNM
- 2003-08 Community Clinic Director, NCNM
- 1990-08 Staff physician NCNM, Portland OR
- 1997-08 Outside In clinic Medical Director
- 1997-08 TB Control Officer, NCNM
- 1997-08 Associate Medical Director, Comprehensive Health Plans, Portland OR
- 1992-08 Private practice, Portland, OR
- 1994-08 Laboratory Director NCNM (CLIA 88), Portland, OR
- 1994-95 Chief Medical Officer, Portland Naturopathic Clinic, NCNM, Portland OR
- 1991-95 Director of Research, NCNM, Portland OR
- 1990-92 Private practice, Wilsonville, OR
- 1989-90 Resident in Family Practice, NCNM, Portland OR
- 1986-88 Newberg Community Hospital, Newberg, OR
- 1987 Metropolitan Clinic, Portland, OR
- 1986-87 Clinical laboratory, NCNM
- 1980-85 Abbott-Northwestern Hospital, Laboratory, Minneapolis MN
- 1976-80 Laboratory Services, Melbourne, Victoria, Australia
- 1975-76 Parnassus Heights Clinical Laboratory, San Francisco, CA
- 1974-75 Veteran's Administration Hospital Research Department, Minneapolis, MN

PRESENTATIONS

- 2008 "Childhood Obesity and Health Risks"; Northwest Physicians Convention April 2008
- 2005 "Autism: A Silent Epidemic", Northwest Naturopathic Physicians Convention, April 2005
- 2005 "Coding Naturopathic Visits for Insurance Reimbursement" CHP Provider Seminar, October 2005
- 2003 "Public Health and Infectious Disease", AANP Convention, Portland OR, August 2003
- 2003 "Eating Disorders and Naturopathic Medicine" CHP Annual Meeting, Portland OR, October 2003
- 2002 "Naturopathic Treatment of Asthma", CHP Annual Meeting, Portland, OR, October 2002
- 2001 "Naturopathic Medicine in Practice"; Oregon Health Sciences University medical school
- 2001 "Naturopathic Approach to Vaccination Concerns"; Oregon State Immunization Program
- 2000 "Naturopathic Thyroid Therapy"; Graduate Ed in Women's Health, Portland OR
- 2000 "Eating Disorders", CHP Annual Meeting, Portland, OR

- 2000 “Coding a Visit”, CHP Annual meeting, and NCNM Grand Rounds
- 2000 “Naturopathic Medicine in the Community”, Portland State University, Portland OR
- 2000 OHSU Medical school: Integration of CAM and Allopathic Medicine
- 1999 “Naturopathic Medicine: Terms and Transcription”; Kaiser Permanente; Vancouver, WA.
- 1998 “Chart Notes: the Art of the Chart”; NaturNet Providers meeting; NCNM Grand Rounds; Portland OR
- 1998 OHSU Medical school: Integration of CAM in allopathic medicine
- 1998 “Performance and Documentation of the Physical Examination”; Washington Association of Naturopathic Physicians, Seattle, Washington
- 1998 “Naturopathic Medicine in the Community”; Portland State University, Portland OR
- 1998 “Naturopathic Medicine in Managed Care”; Providence Hospitals, Portland OR
- 1996 20 hour seminar in Pediatrics, Resident Physician Program, Arizona Board of Naturopathic Physicians and Southwest College, Scottsdale, AZ
- 1996 “Naturopathic Medicine and Nursing”, OHSU Nursing seminar, Portland OR
- 1995 “Naturopathic Treatment of Tinnitus”, International Tinnitus Symposium, Portland OR
- 1994 “Thyroid Replacement and Wilson’s Syndrome”, OANP Seminar, Portland, OR
- 1993 “Naturopathic Medicine and Dentistry”, Oregon Health Sciences University, Association of Women Dentists. Portland, OR
- 1993 “Thyroid Hormone Replacement Therapy and Evaluation”, NWNP Convention, Seattle WA
- 1993 “Baseline Candida albicans Testing” Original research, AANP Convention, Portland OR
- 1993 “Herbal and Nutritional Medicine in the US”. Press conference, Washington DC
- 1992 “Public Meeting: NLEA Legislation” OANP, Portland OR
- 1992 “Evaluation of Thyroid Disorders and Replacement Therapy”, OANP seminar, Timberline OR
- 1992 “NLEA Legislation and its Impact on Medical Practice”, Western Association of FDA Officials, Port Ludlow, Washington
- 1992 “Herbal Bronchodilators in Aerosolized Therapy”; Original research, AANP Convention, Tempe AZ
- 1991 “Update on Childhood Immunizations”, NWNP Convention, Portland OR
- 1991 “Immunizations and the Naturopathic Practice”, Indicus Medicus seminar, Seattle, WA
- 1991 “Chronic fatigue Syndrome and Epstein Barr virus”, OANP seminar, Portland OR
- 1990 “Microbiological Specimen Collection in the Office Setting”, OANP seminar, Portland, OR

COMMITTEES: NCNM

- Clinic Development Team, Program Development Team 2007-2008
- Chair of Steering Committee for CNME site visit 2005
- Steering Committee for Northwest Accreditation site visit, April 2005
- Steering Committee for accreditation review 2003-2004
- Safety Committee 2003-2007
- Academic Appeals Committee Chair 1990-1993
- Admissions committee 1993-2001
- Research committee 1994-1996
- Curriculum Committee 1994-1997
- Chair Curriculum Committee 1997-2004
- Accreditation Steering Committee 1997
- Safety Committee 1996-1999
- TB Officer NCNM 1997-2007
- Continuity of Care/Quality Insurance committee Chair 1998-2002
- Post Medical Education Committee 1999-2001
- Institutional Review Board NCNM 1998-2003
- Peer Review Committee Chair 2003-2006

LICENSES

Naturopathic Physician license Oregon #707 (1989)
American Association of Clinical Pathologists registry and affiliation #093988 (1974)
California Clinical Laboratory Technologist license #25325 (1976)
NCA affiliation (1980)

AFFILIATIONS/BOARDS

Council on Naturopathic Medical Education Board of Directors (2001-2007)
 Vice President 2004-2005
 Treasurer 2005-2007
American Association of Naturopathic Physicians member 1989-2007
AANP Board Member 1996-1999
Oregon Association of Naturopathic Physicians member 1989-2007
 Board member 1992-1998
 President/Past President 1993-1999
FDA MEDWatch partner (1994-02)
OSALT Advisory Board (1996-02)
Medical Director NaturNet Board of Directors (1997-2007)
ORCAMIND Data Safety Review Board, OHSU 2000-2005

PUBLICATIONS

“Rheumatoid Arthritis: A Review”, Journal Of Naturopathic Medicine. 7:1,1997, p 91-94
“Herbal Bronchodilators in the Treatment of Asthma”, Protocol Journal of Botanical Medicine, 1995
Basic Urinalysis, self published, 1991

PROFESSIONAL OFFICES HELD

2005-2007	Treasurer, CNME
2004-2005	Vice President CNME
1991-1993	First Vice President, OANP
1993-1995	President, OANP
1995-1999	Past President, OANP
1995-1998	Speaker of the House, AANP
1998-1999	Board member AANP
1997-1998	President, OANP
1997-2007	Associate Medical Director, CHP
1996-1999	Board member, AANP

HONORS AND AWARDS

Highest Academic Honors graduating class of 1989
1994 AANP Physician of the Year
1998 Leadership Award NCNM
2006 Oregon Women in Education recognition

ORIGINAL RESEARCH PROJECTS

1994	Assessment of self culturing techniques for vaginal candidiasis
1993	Baseline Candida albicans and Parasite testing: results in asymptomatic persons; presented at AANP convention 1993
1992	Herbal bronchodilator therapy in the treatment of asthma; Botanical Protocol Journal, 1995; Presented AANP convention 1994
1991	Hydrotherapy and Body Temperature Effects, PI on original research student project

CONTINUING EDUCATION

- 2007** American Association of Naturopathic Physicians convention, August 2007 Palm Springs CA
Foundations International Editor's Retreat, April 2007, Stevenson, WA
Northwest Naturopathic Physician's Convention April 2007, Portland OR
- 2006** American Association of Naturopathic Physicians convention, August 2006, Portland, OR
Pharmacist on line Pharmacy review December 2006
Medical Ethics seminar, OBNE, May 2006, Portland OR
- 2005** Northwest Naturopathic Physicians Convention, Vancouver BC, April 2005
AANP Convention, Phoenix, AZ, August 2005
Risk Management Seminar, Western States Chiropractic College, Portland OR, Nov 2005
- 2004** "Talking with Patients" Communication skills and medical liability; CHP conference, April 2004
OSHA Compliance Program March 2004
National Healthcare for the Homeless Conference, June 2004, New Orleans LA
AANP Convention, Seattle Washington, September 2004
- 2003** Advances in Clinical Research and Outreach, and the Clinician's Role, Heather Zwickey PhD
Women's Health Update, Tori Hudson ND, 4/03
AANP Convention, Portland, OR, August 2003
Research Opening Session, Dr Strauss and Panel
Glutathione, Dr. Gutman
Hyperlipidemia, Dr. Lutack
Nutritional Herbal Update, Drs. Brown and Austin
Manipulation of Oral Glucose Tolerance, Dr. Plummer
Herb/Nutrient/Drug Combinations, Dr. DiDomenico
Hormone Replacement Therapy, Dr. Tori Hudson
Thyroid Prescribing Options, Dr. John Dye
Combining Herbal Remedies with Pharmacy Drugs, Dr. Duterme
Hepatitis C, Dr. Patrick
- 2002** AANP Convention, Salt Lake City UT August 2002
Facilitating Roles for Naturopathic Research, Richard Nahin
Etiology, Pathogenesis of Childhood Asthma, Alan Miller ND
Treatment of Cardiovascular Disease, Decker Weiss, ND
Clinical Evidence, Enrico Liva ND
Regenerative Injection Therapy, Rick Marinelli ND
Healing the Beautiful Mind: The Role of Lipids, Kane, PhD
Clinical Nutritional Update, Steve Austin ND
Hormone Replacement Therapy and Contraception, Tori Hudson ND
The Future of Herbal Medicine in the United States, Tierona Low Dog MD
The Ideal Diet: Does it Exist?, Russell Marz, ND
Endocrinology and Aging, T. Michael Culp ND
Naturopathic Therapies A to Z, William Mitchell ND
- 2001** Preventative Injection Advanced IV Therapy 6 hours, 12/01
Naturopathic Treatment of Thyroid Disease and Wilson's Syndrome, 2/01
AANP Convention, Tucson, AZ August 2001
Children's Allergies and Treatments, Doris Rapp ND
Clinical Anecdotes, Shiva Barton ND
Gynecological Cancers, Judy Fulop ND
Botanicals and Drug Pharmacokinetics, Daniel Rubin ND and Francis Brinker ND
Natural Hormone Research Review, Deb Moskowitz ND

Drugs for Cognitive Enhancement, David Nicoletti RPh, CCN, FIACP, FACA
Cellular Fatigue, Michael Culp ND
Transdermal Treatments. David Nicoletti RPH, CCN, FIACP, FACA
Herbal Therapy for Autoimmune disease, Kerry Bone MR, BSc (Hons)
Hemachromatosis and Iron Overload, Alex Vasquez ND, DC
Effective Pain Management, David Nicoletti, RPH, CCN, FIACP, FACA

- 2000 Adolescent Medicine for Primary Care Practitioners, Legacy Emanuel Hospital
September 2000
AANP Convention, Seattle, WA; September 2000
Learning the Use of Botanical Medicines, Bill Mitchell ND
Healing with Plant Spirits and Quantum Physics, Crinnion, Frances, Stansbury
Women's Health Update, Tori Hudson ND
Clinical Anecdotes, Shiva Barton ND
Hepatitis C Update, Hangee Bauer
Thyroid Hormone Metabolism, Kelly
Herb-Drug Interactions, Miller
Molecules that Detoxify, Quig
Phytochemicals as Hormone Modulators, Appleton
Complementary Health Care Plans annual meeting
Eating Disorders
- 1999 Integrative Cancer care Conferences, Tori Hudson et al; Good Samaritan Hospital
Mar, Apr 1999
Common Problems in the Pediatric Practice, Legacy Emanuel Hospital, May 1999
OANP Seminar, Newport OR Oct 1999
AANP Convention, Coeur D'Alene, ID, Nov 1999
The Science underlying Naturopathic Medicine, Bland PhD
Pharmacology of Selected CVD and CNS drugs; Jensen PhD, Pizzorno ND
Understanding Porphyria, Kruzel ND
Pathophysiology of Stress and the Use of Adaptogenic Herbs; MacIntosh PhD, ND
Successful Aging and Growth Hormone; Kern PhD
Achieving Normal Blood Sugars in Type II Diabetics; Bernstein MD
Nutrients and Botanicals for Diabetes; Head, ND
Undiagnosed, Misdiagnosed, or Mistreated Complications of Type II Diabetes; Bernstein
Adult Onset Diabetes: Integrated Management Approach; Breed ND, Ross, MD
- 1998 EENT: Protocol Update; Richard Barrett ND; October 1998
AANP Annual Convention, Portland, Oregon; August 1998
The Vitalistic Thread; Stansbury, Mitchell and Frances ND
Pharmacology of the Naturopathic Formulary; Clyde Jensen PhD
Naturopathic Co-Management of Cancer; Dr. Reilly
Environmental Medicine and Cellular Biochemical Enhancement in the Treatment
of Cancer; Drs. Crinnion and Lamson
Death is not the Enemy; Dr. Bergcamp
IM and IV Magnesium Therapy; Dr. Russell Marz
Clinical Pearls; Dr. Tyler
5-HTP: The Natural Way to Boost Serotonin Levels; Dr. Michael Murray
Materia Medica-Drug Interactions; Dr. Paul Saunders
Client Centered HIV Counseling Seminar, Oregon Health Department. Portland Oregon; May
Northwest Naturopathic Physicians Convention; Portland Oregon, May 1998
Roots of Naturopathic Medicine, Leo Scott ND
Life Style Effects on Vision, Dr. Terry Hohner
Clinical Anecdotes, Robert Schwartz ND

Management of Menopause; Suzanne Scopes ND
Legal Consequences of Charting; Marlene McAnich
Homeopathic Remedies; Judith Reichenberg-Ullman
Nutritional Interpretation of Lab Tests; Tom Kruzel ND
Choices in Medicine:Pharmacological and Botanical; Clyde Jensen PhD and
Jill Stansbury ND
Fibromyalgia: an Alternative View; Carolyn McMakin DC
New and Old Uses of Individual Vitamins; Bill Mitchell ND
Annual Recertification in CPR

- 1997** Common Pediatric Problems in Primary Care Setting; Emmanuel Hospital, Portland OR;
November 1997 (3 hours)
IV Therapy Protocols for Certification; OANP sponsored two day seminar at NCNM; April 1997
(14 hours)
OANP Seminar. Newport, OR; October 1997 (12 hours)
Annual CPR Certification