

Audrey Bergsma
National College of Natural Medicine
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EDUCATION

Naturopathic Physician, NCNM, Portland, OR 1992-1996
BA in Biology, Hope College, Holland, MI 1976-1979

TEACHING, LECTURING AND ADMINISTRATION

National College of Natural Medicine **Portland, OR**
Resident, NCNM 1996-1998

Classes taught
Clinic rotations 1996-1998
Introduction to Clinic 1998

Adjunct faculty, NCNM 1998-2007

Classes taught
PCC Capital community clinic 2007
Homestreet/Nami community clinic 1998-2006
Introduction to Clinic 2004
Clinic Education 2004
PCC Cascade community clinic 1998-2001

PROFESSIONAL RESPONSIBILITIES AND ASSIGNMENTS

Natural Health Center Medicinary Administrator 2004-present
Customer Service Excellence, IEC Group (2 hours) 2008
Behavior Styles and Effective Communication, IEC Group (3 hours) 2008
Performance Management and Motivation, IEC Group (3 hours) 2007
Employee Supervision: Two day basic training, Bureau of Labor and Industry (6 hours) 2007
Management Development Series, Willamette Valley Higher Education Human Resources Consortium (18 hours) 2005-2006
Community Clinic Medicinary Coordinator 1998-2004

PROFESSIONAL AFFILIATIONS

American Association of Naturopathic Physicians 1992-present
Oregon Association of Naturopathic Physicians 1996-present

SCHOLARLY ACTIVITIES

Presentations
Cultural Diversity, a community clinic perspective, Grand Rounds NCNM. March 2007
Mental Health and Integrative care, Washington County Religious Forum Conference. June 2006
Mental Health and Naturopathic care, National Alliance on Mental Illness meeting. June 2005

SERVICE ACTIVITIES

Lower Columbia Canoe Club, Vice President. 1998-1999

CONTINUING EDUCATION CLASSES

2008

- New England School of Homeopathy: Cycles and Segments, Paul Herscue ND, Amy Rothenberg ND (70 hours)
- Advanced Gynecology: Pelvic pain and Abnormal uterine bleeding, Kimberly Windstar ND, Heidi Peterson ND (14 hours)
- Oregon Environmental Council Healthy Environment Forums; Matters of the Heart: The Emerging Field of Environmental Cardiology (2 hours)
- Oregon Environmental Council Healthy Environment Forums; Packing on the Compounds: How Exposure to Common Chemicals is Fueling the Obesity Epidemic (2 hours)

2007

- Oregon Environmental Council Healthy Environment Forums; Nanotechnology Concerns, Reproductive Health and Fertility, Health Costs of Pollution (6 hours)
- Foundations of Functional Nutrition: A Wellness Approach, Nutritional Therapy Association Inc. (12 hours)
- 68th Annual Sommer Memorial Lectures, School of Medicine, OHSU (12 hours)
- NCNM Grand Rounds, ADHD, Asperger syndrome and Autism, Suzanne Lawton ND (2 hours)
- Drug and Behavioral Addictions: Integrative Treatment Strategies, OANP (5.75 hours)

2006

- Pharmacy and Pain Management Seminar, OANP (6 hours)
- Advanced Botanicals, Jill Stansbury ND (9 hours)
- Oregon Environmental Council Healthy Environment Forums; Hooked on Antibiotics, Plastic Promises, Healthier by Design (6 hours)
- Naturopathic Medical Ethics in the 21st Century (3 hours)
- Naturopathic Manipulation Techniques, Karen Frangos ND, PT (1 hour)
- Endocrinology and Natural Medicine, Satya Ambrose ND (12 hours)

2005

- Introduction to Ayurveda (6 hours)
- NCNM Grand Rounds, Hydrotherapy, Eric Blake ND (2 hours)
- NCNM Grand Rounds, Miasma, Solihim Thom DC (2 hours)
- NCNM Grand Rounds, Hydrotherapy, Tish Watrous ND (2 hours)
- NCNM Grand Rounds, Ovarian Cancer Dual Perspective (2 hours)
- CPR at NCNM, ABC's for life (4 hours)
- Geriatrics, Mark Miller MD, ND (2 hours)
- The Vaccine Balancing Act, Heather Zwickey PhD, Hillary Andrews ND (7 hours)
- OANP Pharmacy Seminar (5 hours)

2004

- Immunology, Heather Zwickey PhD. (14 hours)
- Clinical Review of Diabetes and Metabolic Diseases, William Ferril MD, Steven Gordon ND (6 hours)
- NCNM Grand Rounds, Psychiatric Disorders, Tim Shannon ND, Jered Zeff ND (4 hours)
- OANP Pharmacy Seminar (5.5 hours)

2003

- The Liver in Health and Disease, Steven Sandberg-Lewis ND, Keivan Jinnah ND, LAC (20 hours)
- Clinical Nutrition Seminars, Winter term NCNM (10 hours)
- Gastroenterology, Steven Sandberg-Lewis ND, Dickson Thom ND (20 hours)
- Women's Health Update, Tori Hudson ND (3 hours)

2002

- Immunology Seminar, Heather Zwickey PhD, NCNM (10 hours)

- Practical Endocrinology, Dick Thom ND, NCNM (20 hours)
- 2001
- Biolinguistic Kinesiology and Agreement to Heal Process, Portland (10 hours)
 - Advanced Botanicals, NCNM (3 hours)
 - Grand Rounds Hormone Replacement Therapy, NCNM (2 hours)
 - Grand Rounds Glandular Therapy, NCNM (2 hours)
 - Grand Rounds Ophthalmology, NCNM (2 hours)
 - Grand Rounds Hypothyroidism, NCNM (2 hours)
 - Grand Rounds Botanicals with Ryan Drum, NCNM (2 hours)
 - Pharmacology, Melatonin and Drugs of Abuse, NCNM, (3 hours)
- 2000
- Integrative Holistic Oncology Care, Cancer Treatment Centers of Am., Portland (10 hours)
 - Dermatology, NCNM (7 hours)
 - Pharmacology, NCNM (4.5 hours)
 - Grand Rounds, Breast Cancer, NCNM (2 hours)
 - Grand Rounds, Diabetes Mastery, NCNM (2 hours)
- 1999
- Visceral Manipulation I and II, James Tofolo, PT, NCNM (40 hours)
 - Medicinal Botanicals III, Cascade Anderson-Keller, Portland (20 hours)
 - Grand Rounds: Listening to the vital force while Prozac is talking, Arline Brown, MD, NCNM (2 hours)
 - Emergency Contraception, Regina Lellman, ND, NCNM (2 hours)
 - Osteoporosis, Tori Hudson, ND, NCNM (2 hours)
 - Pharmacology, Ann Blair, PhD, NCNM (2 hours)
- 1998
- The Philosophy of Drainage and its Therapeutics, Dickson Thom, ND, NCNM (20 hours)
 - HIV Prevention Counseling, Susan Felman, Portland (16 hours)
- 1997
- Ortho-Bionomy Phase 4, NW Center for Ortho-Bionomy, NCNM (12 hours)
 - Microcurrent seminar, Dr. Carol McMakin, NCNM (6 hours)
 - The Inflammatory Disorders, Jeffery Bland ND, Health Comm. Inc. (8 hours)
- 1996
- Ortho-Bionomy, General Release, NW Center for Ortho-Bionomy (12 hours)
 - Craniosacral I workshop, Upledger Institute (32 hours)
- 1995
- The Bowen Technique, Dan Carter ND (32 hours)