



NCNM NEWS

FOR THE ALUMNI AND FRIENDS OF NCNM

Celebrating Fifty Years of Natural Medicine

Quarterly Newsletter

National College of Naturopathic Medicine

Dr. William J. Keppler, President

Spring 2006

Portland, Oregon

Susan K. Hunter, Director of Advancement

NCNM Golden Anniversary Celebration Underway

By Susan K. Hunter

1956 was a year of milestones: Elvis Presley topped the popular music charts with three hits, "Hound Dog," "Love Me Tender," and "Heartbreak Hotel." The New York Yankees won the World Series against the Brooklyn Dodgers. IBM invented the computer disk drive. *Howl and Other Poems* was published by beat poet Allen Ginsberg. The first transatlantic phone cable was completed. Dwight Eisenhower was re-elected president. The Methodist Church granted women the right to be ordained as ministers. And, on May 28, 1956, National College of Naturopathic Medicine was established.

Could anyone have guessed the sacrifices and greatness that would follow the founding of NCNM by Drs. Frank Spaulding, Charles Stone, and Martin Bleything? Established in Portland, then moving to Seattle, Kansas, and back to Portland in 1975, the young college struggled to survive. Often with no laboratories, tuition, clinic revenues, or paid faculty or staff, physicians and supporters gave their time and resources to the College. NCNM



Kicking off a Golden Year, President William Keppler and Provost David Odiorne (front) enjoy the sunny weather with faculty members (clockwise from lower left) Dr. Laurie Regan, Dr. Robert Wilson, Dr. Dohn Kruschwitz, Dr. Richard Barrett, Dr. Dick Thom, and Dr. Rita Bettenburg.

See [Anniversary](#), page 6

Review Panel Recommends Change in ND Degree Classification

By Sarah Spring

In a move that reflects increasing public awareness of the qualifications of Doctors of Naturopathic Medicine (NDs), the federal government is considering a recommendation to classify NDs as medical professionals in the same category as Medical Doctors (MDs).

NCNM President Dr. William Keppler received the support of the Carnegie Commission on Higher Education at a national conference in December to review classifications of professional degrees. The Carnegie Commission plays a key role in advising the U.S. Department of Education (DOE).

The American Association of Naturopathic Medical Colleges chose Dr. Keppler to represent the interests of all accredited naturopathic medical colleges on a DOE Technical Review Panel which included 35 participants from the fields of medicine, engineering, education,

architecture, and ministry. The recommendation to move NDs from the "Graduate" to the "First Professional Degree" category will be included in a Carnegie Commission report to be submitted to DOE this year. If the reclassification is approved as expected, it would become effective in 2007.

Dr. Keppler's success in gaining the backing of the Carnegie Commission comes at a crucial time. Several states, including New York, are considering licensure requirements for NDs. Oregon, California, and 12 other states already issue licenses for naturopathic doctors. The commission's endorsement is a boon for the licensure movement because it represents the opinion of educational experts who agree that the rigorous classroom and clinical programs at accredited naturopathic medical colleges are comparable to those offered at traditional medical colleges.

NCNM Mission:

To educate and train physicians and practitioners in the art and science of natural medicine.

President's Corner: Marking a Milestone

It's a pleasure to offer a few comments in this column. We just celebrated on 29 January 2006 the Chinese New Year. For those who keep track, this is the Year of the Dog and a most special one for NCNM—our Golden Anniversary. As the flagship institution for naturopathic medicine, NCNM becomes officially 50 years old on Sunday, 28 May 2006! It's something to be proud of. We have graduated 1,500 NDs. It's also the 10th anniversary of our Classical Chinese Medicine program.

Without NCNM carrying the torch for natural medicine, there would probably not exist any four-year accredited naturopathic colleges in Canada and the United States.

More than 40 institutions folded in the early and mid-1950s as antibiotics became the "cure-all" for practically every disease. However, several years later it became clear these wonder drugs were not so wonderful after all. They were ineffective against viral diseases, and infections caused by bacteria became resistant to penicillin and streptomycin.

Turning to our Golden Anniversary, the College has several events planned. The AANP will honor NCNM during its national convention in Portland from 9–12 August 2006. We are also planning several NCNM alumni receptions this year. We held one recently in the Bay Area at the Greens Restaurant on 24 January in San Francisco attended by several alumni from the 1979 to 2004 classes. So thank you Drs. Amy Day, Joshua Donaldson, Stephen Ducat, Moses Goldberg, Cecilia Hart, Sally LaMont, Marianne Marchese, Andreas Sijbrant, Elspeth Seddig, and Beverly Yates. It was great to spend an evening with you. We are all proud of you.

William "Bill" J. Kepler, PhD
President and Professor of Public Health



William Kepler, Ph.D.

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Richard Barrett, Audrey Bergsma, Rita Bettenburg, John Brons, Xiaoli Chen, Jim Cleaver, Heiner Fruehauf, Greg Garcia, Mengke Kou, Dohn Kruschwitz, Rihui Long, Judy Peabody, Youping Qin, Michelle Salob, Steven Sandberg-Lewis, Nancy Scarlett, Tamara Staudt, Will Taylor, Dick Thom, Arnaud Versluys, Bob Wilson, Kimberly Windstar, Haosheng Zhang, Guangyang Zhou, Heather Zwickey

You are cordially invited to...

The Bloom of Natural Health

NCNM's Fourth Annual
Gala Dinner Auction & Dance
Saturday, May 20, 2006
5:30 p.m. - Midnight

Governor Hotel 611 SW 10th at Alder

MC: David Shefrin, ND '74, NCNM Board

Proceeds benefit NCNM Merit Scholarships and support our Community Clinics



Single tickets \$125 Couples \$240 Students \$55 Table of 10 \$1,200

Blue Ribbon Business: \$1,500

Includes two exclusive presentations at NCNM & Auction table of 10

Emerald: \$5,000

All of the above plus ½ page ad in Auction program, three minutes on stage, display table and banner at Auction, and NCNM News recognition

Gold: \$10,000

All of the above plus strategic marketing at Founders' Day program on May 28

Sponsorship packages:

Contact: Susan Hunter 503-552-1512 shunter@ncnm.edu or go to www.ncnm.edu

NCNM's First Female Graduate Blazes Trail for New Doctors

By Sarah Spring



Betty Radelet, DC, ND, '68

"Can women do this?"

That was the question that launched NCNM's first female graduate on a 40-year career treating thousands of patients and delivering nearly a hundred babies, including four of her own grandchildren.

Betty Radelet was a 43-year-old widow with seven children when she discovered natural medicine. Following a bad fall, she was on pain pills, muscle relaxers, and crutches, with no firm diagnosis. A friend recommended a chiropractor who told Radelet that women could indeed become doctors of natural

medicine. After praying for guidance, Radelet put herself through Western States Chiropractic College, and then earned her ND from NCNM in 1968, driving from Portland to Seattle for two days of classes and clinic shifts each week. She says her Christian faith inspired her confidence that she was doing the right thing.

In her private practice, Dr. Radelet specialized in physical medicine,

performing adjustments and naso-specific procedures to treat headaches, sinusitis, and other conditions while serving as the primary care physician for whole families. "I lost count after 5,000 patients," she says, her eyes sparkling in a smile.

"There's just no satisfaction like helping someone," she exclaims, recounting the story of a 12-year-old girl with a concussion whose mother brought her to Dr. Radelet because the child was still sleeping 20 hours a day and not eating well after allopathic treatment.

"Two days after her first visit with me, she came bounding back into my office and told me she was eating and drinking normally again!"

Still practicing at age 85, Dr. Radelet believes that "This is the best field in any profession! There's just no limit to what you can do!" In fact, she's tackling a new challenge: writing a book titled *Antidotes and Anecdotes* that chronicles some of her most memorable cases.

Her eyes dance again as she tells a story about meeting a businessman who bragged about his fancy house until she told him she'd just saved a woman from choking during a church conference. "I said I put my hands on her diaphragm and told her she had a hiatal hernia. He quieted down after that."

Dr. Betty Radelet is used to surprising people. You could say she's made a career of it.

Monthly Specialty Clinics Focus on Common Health Concerns

By Amanda Shallcross, ND, '05

NCNM's two teaching clinics have assembled a Golden Anniversary series of monthly specialty clinics to address health issues shared by many Oregonians. See the following schedule for details.

Saturday, March 18 1 – 4 p.m. **Chronic Pain and Headaches**

Are you among the 33 percent of the population affected by chronic pain? Don't let chronic pain diminish your quality of life. The NCNM Pettygrove Classical Chinese Medicine Clinic offers you a chance to try something new. Experience acupuncture and naturopathic treatment for chronic pain and headaches. Our physicians will determine the root cause of your pain and headaches, and identify opportunities for prevention.

Saturday, April 22 1 – 4 p.m.

Environmental Medicine & Detoxification

The Willamette Valley is known as the grass seed capital of the world. The mild winters, combined with an early growing season, can make for itchy eyes, runny noses, and sneezing during the spring season. Don't let hay fever ruin your spring fever, join us for Earth Day in Sellwood Park and discover how to combat your seasonal allergies through diet changes, botanical medicine, eliminating common household irritants, and detoxification methods such as hydrotherapy.

Saturday, May 6 1 – 4 p.m.

Menopause Solutions

Are you one of the 42 million women currently

experiencing menopause? Do you have questions about natural solutions to memory loss? Hot flashes? Insomnia? Night sweats? Discover what the women's health specialists at the NCNM Natural Health Center at First Avenue can do for your menopausal symptoms with botanical therapies, natural hormone replacement therapy, and nutritional support.

Saturday, June 10 1 – 4 p.m.

Gear Up for Sports Medicine

Are you looking to improve your fitness performance? Has an old injury and chronic pain prevented you from running? Biking? Hiking? Don't let nagging aches and pains ruin your

active summer. At NCNM's Natural Health Center at First Avenue, the sports medicine physicians will address your concerns with nutritional guidance, structural integration (a special technique for trigger points, tension, and injury), manipulation, Bowen treatments, and natural supplements for inflammation.

NCNM Natural Health Center at First Avenue
2220 SW First Ave. 503-552-1551

Pettygrove Classical Chinese Medicine Clinic
2232 NW Pettygrove St. 503-552-1552

Research Symposium Focuses on CAM

By Kevin Marsman

The Helfgott Research Institute at NCNM is pleased to be a leading institution of the Symposium for Portland Area Research on Complementary and Alternative Medicine (SPARC) to be held Saturday April 29, 2006 at the OHSU Auditorium from 8:45 am – 5:00 pm.

This symposium will present local, current research in at least four different CAM disciplines, including ayurveda, acupuncture, chiropractic, and naturopathic medicine with a discussion of the respective methodological issues of each.

The keynote speaker for the Symposium is Dr. Iris Bell from the University of Arizona Program in Integrative Medicine. Additional speaking sessions and moderated discussions will feature many esteemed Portland area CAM researchers including from the Helfgott Research Institute, Dr. Heather Zwickey, Dr. Agatha Colbert, and moderator Dr. Carlo Calabrese.

The Helfgott Research Institute encourages all those who wish to deepen their understanding of CAM research to attend these events and to participate in what we are sure will be a lively and vital discussion. For a detailed schedule, a list of speakers, maps, CE credit information, and registration forms, please visit our website at www.helfgott.org.

CCM Dean's Love of Medicine Takes Priority After Family

By Sarah Spring

Ask Dr. Heiner Fruehauf what he does in his spare time, and he's liable to draw a blank at first. His duties as Dean of Classical Chinese Medicine at NCNM occupy much of his attention.

"I LOVE medicine," he says with a smile. "If I have a free minute when I'm not teaching or seeing patients, I read or write about medicine. My wife searches my luggage when we go on vacation to Mexico to make sure I'm not bringing work with me!"

In addition to spending time with his wife, Sheron, and their three children (ages 16, 11, and 7), Dr. Fruehauf loves to ski ("but I only go maybe twice a year") and enjoys cooking Mediterranean food for friends and family.

Fortunately, Dr. Fruehauf also loves to travel. He is often invited to lecture in Europe, China, and across the U.S.

Originally from Germany, he visits his family there every year, and for the last 12 summers, he's taken 20 NCNM students to China for a month. Sheron and the kids go along.

Like many other practitioners, Dr. Fruehauf became interested in natural medicine after experiencing a personal health crisis. He was



Heiner Fruehauf, Ph.D., L.Ac.

diagnosed with cancer in his late 20's. He had studied Chinese medicine and culture for years, receiving his PhD in East Asian languages and civilizations from the University of Chicago, so he sought treatment using Chinese medicine and was fascinated by the "poetry and efficacy" of the classical Chinese approach to healing. He went on to graduate from a post-doctoral program at the Chengdu College of Traditional Chinese Medicine in Sichuan, China, and joined the NCNM faculty in 1992.

Although his grandfather operated a homeopathic hospital in Germany, and other members of his family became naturopathic physicians, Dr. Fruehauf says he was always drawn to "the cosmology and symbolism of the organ network from a functional, rather than an anatomical perspective" in Chinese medicine.

Dr. Fruehauf believes that "if you want to be a good doctor, you must first cultivate yourself in mind, body and spirit. You must have your heart in the medicine, it's not just herbs and pressure points and supplements." His students receive 300 hours of Qi Gong training, whereas most Chinese medical programs require only 24 hours.

"Classical Chinese Medicine is the fastest-growing micro-profession in medicine," he says, and it's obvious that Dr. Fruehauf is happy to have an integral role in the process by teaching, writing, translating ancient texts, and lecturing internationally. He may not have much "spare time", but he says he'd rather be practicing medicine than doing anything else.

NCNM News Briefs...

NCNM Library Digitizes Rare Books

Some of the most important texts in the NCNM Friedhelm Kirckfeld Rare Book Collection are now available in digitized format online at www.content.ohsu.edu/nmhc. NCNM librarian Rick Severson obtained a grant for the digitization project from the Institute of Museum and Library Services through the Library Services and Technology Act, administered by Oregon State Library. Ten of the 1,400 rare books in the NCNM library have been digitized, with more to come as funding allows. For more

information, see the NCNM website, or contact rseverson@ncnm.edu.

Board Seeks Alumni Input

In preparation for an upcoming survey of alumni, the NCNM Board of Directors is updating its list of alumni e-mail addresses. If you have changed your e-mail, or your e-mail is not listed in the NCNM database, please fill out the "Keeping In Touch" form on the back page of this newsletter, and mail to Joey Kerns at NCNM. See address on form.

The Gathering Comes to NCNM

NCNM hosted over a hundred naturopathic physicians and practitioners at the third

annual Gathering devoted to exploring the roots of natural medicine. Speakers and panel discussions, lively mealtime conversations, and dancing at the Sweetheart Medicine Ball were among the activities at the event, which originated at Southwest College of Naturopathic Medicine in 2004.

Naturopathic Physicians Conference

Celebrating their Golden Jubilee, 1957-2006, the Northwest Naturopathic Physicians Convention will be held in Tacoma, Washington, April 20-23, 2006. NWNPC is the oldest annual convention in the history of naturopathic medicine in the world. Find information regarding the conference at: www.nwnpc.com.

A recipe from the NCNM cookbook

Ginger Lime Coconut Sorbet

This recipe is a high fat, high calorie dessert that's great for cancer patients. The ginger is also an anti-nausea spice, good for those going through chemotherapy.

- 1 can coconut milk (full fat)
- 1 lime, zested
- 2 Tbsp fresh ginger, finely chopped
- Maple syrup or honey
- Dash of cream (optional)



Put coconut milk in a medium sauce pan over medium heat. Add lime zest and ginger. Bring to a boil, then reduce heat to a simmer, cover, let simmer for 20-30 minutes stirring with a whisk occasionally. Turn off heat and let set for another 30 minutes. Strain mixture into a freezer safe bowl and add maple syrup or honey to desired sweetness. Add cream if desired. Put bowl in freezer, removing occasionally to whisk until frozen. Best left overnight to freeze.

This recipe was donated to the National College of Naturopathic Medicine Cookbook by Reba Akin, ND, Food Coach. The National College of Naturopathic Medicine Cookbook is available at the NCNM bookstore. Cost is \$10. Proceeds from cookbook sales help fund outreach for the College.



Our bookstore is now online! Shopping for textbooks and gifts at NCNM just got easier. For cutting edge books on health and natural medicine, logo items, clothing, and Hazel's picks of good reads, check out the NCNM bookstore at <http://ncnm.edu/bookstore>.

Admissions Department: Student Applications Soaring

By Leanna Covalt

With NCNM's Golden Anniversary at our doorstep, the Office of Admissions is working hard to make 2006 a landmark year in the growth of our professions. Ending January with nearly 190 applications for entrance into the naturopathic and classical Chinese medicine programs, NCNM has seen a far greater increase in applications than any of the other naturopathic colleges in North America. Not only does this point to the growing prestige of the profession, it also means that NCNM alumni are doing an excellent job of spreading the word! With your help, this increase of over 30 percent from last year will continue to climb.

The Office of Admissions respectfully requests your help in two ways: by participating in speaking engagements around the country and by giving the Certificate for Application Fee Waiver below to someone you consider an exceptional candidate to share your alma mater.

As many of you know, admissions staff spend some of our time traveling

the country in an effort to raise awareness about naturopathic and Chinese medicine. We frequently invite prospective students to events highlighting NCNM alumni guest speakers. We also receive numerous requests from around the country for naturopathic physicians and Chinese medicine practitioners to speak about their medicine or give special topic lectures. These engagements are opportunities for you to raise awareness and augment your practice. If you aren't much of a public speaker but don't mind one-on-one interactions, we are also looking for alumni to visit college and health fairs around the country. And of course we are happy to pay you for your time while increasing your visibility—and practice—in your own neighborhood.

We are currently collecting names of individuals interested in participating on all levels of the awareness battle! If you are interested, please contact us by phone or e-mail at 503-552-1660 or admissions@ncnm.edu. We need you!

Certificate of Application Fee Waiver

On behalf of the Office of Admissions and the distinguished alumni of
National College of Naturopathic Medicine

This certificate entitles _____ to the waiver of application fee
(Recipient Name)

for admission into the
Doctor of Naturopathic Medicine (ND) degree program
or the
Master of Science in Oriental Medicine (MSOM) degree program
for the Fall 2006 entering class

This certificate was presented on _____ by _____
(Date) (Alumni)

1,000 Friends of NCNM Campaign Extends Thanks to New Members

We did it! Over 100 members joined 1,000 Friends in this second year of the campaign, raising a total of over \$47,000 for both years. With many repeat members, the campaign total was 145 individuals. Thank you! Because of you, NCNM will be able to purchase a student information system (SIS). The SIS will allow scheduling of classes and clinic shifts online, faculty will be able to post their class notes, alumni will be able to find each other online, and the system will allow the creation of common databases for all NCNM departments. Thanks again to our second year members! (Bold face indicates NCNM Board members)

Michael and Lynn Attwood
Marcia Austin-Zacharias, Prudential Northwest Properties
Hilary Back, ND, MSOM
Richard Barrett, ND
Pauline Baumann, ND
John Bender, ND
Michael Bergkamp, ND, LAc, Naturopathic Acupuncture Clinic
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Shaun Dyler, ND, Integrative Therapeutics Inc (ITI)
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Gregory Garcia, ND, LAc
Wendy Gebhart
Debra Gibson, ND
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Edward Hall
Kenneth Freeman Harmon, DC, ND
Helen Healy, ND, Wellspring Naturopathic Clinic
Don Helfgott, Inspiration Software, Inc.
Erin Holston, ND, Options Naturopathic Clinic
Roanne Houck, ND
Susan Hunter
N.E. Huntoon
Scott Jamison, NMD

See **1,000 Friends**, page 6

Anniversary... continued from page 1

honors the founding board, faculty, and staff of the College:

Walter Adams, ND, Faculty
John Bastyr, DC, ND, Faculty
Martin Bleything, ND, Board
Joseph Boucher, DC, ND, Board
Robert Broadwell, ND, Faculty
O. J. Carroll, ND, Faculty
Robert Carroll, ND, Faculty
Ralph Failor, ND Faculty
Earl Farnsworth, DC, ND, Faculty
Gerald Farnsworth, DC, ND, Board
Robert Fleming, DC, ND, Faculty
Denzel E. Gaylean, ND, Dean
Ron Holden, ND, Faculty
Florence Johnston, ND, Librarian
Dorothy Johnstone, RN, DC, ND, Board
Carl Kennedy, Sr., ND, Board
Richard Kinberg, ND, Board
Arno Koegler, ND, Faculty
Fred Leffler, DC, ND, Faculty
Linden Launer, ND, Registrar
Fred Loefflar, DC, ND, Faculty
Henry M. Merritt, M.Ed., ND, First President
Doris Withers Morris, DC, ND, Clinic Dir.
Elizabeth Murray, Board
John Noble, DC, ND, Faculty
George Rombough, ND, Faculty
Joseph Rombough, DC, ND, Faculty
Al Russell, ND, Faculty
Carl Salomon, Ph.D, President
Frank Spaulding, DC, ND, Board Chair
Richard Stobler, ND, Faculty
Charles R. Stone, ND, Board
Ralph Weiss, ND, Faculty
E.W. Zulawinski, ND, Board

This year, National College of Naturopathic Medicine celebrates 50 years of educating and training physicians and practitioners in the art and science of natural medicine. All are welcome as we celebrate, educate, promote, and advocate for the future of natural

medicine. Special Golden Anniversary programs and festivities include:

**SPARC Research Symposium
April 24–29**

Symposium for Portland Area Research on Complementary and Alternative Medicine (SPARC) will present a research symposium featuring Iris Bell, MD, PhD on Saturday, April 29, and a traveling poster session that addresses study design and methodological challenges of research in complementary and alternative medicine. Participating institutions include NCNM, Oregon Health & Science University, Western States Chiropractic College, Kaiser Permanente Center for Health Research, and Providence Integrative Medicine. For more information, visit www.ncnm.edu/Helfgott Research Institute.

**Bloom of Natural Health Auction
Saturday, May 20**

NCNM's fourth annual Bloom of Natural Health gala dinner, dance, and auction will be held at the historic and beautiful Governor Hotel on Saturday, May 20, from 5:30 p.m. to midnight. Some 500 alumni and friends are expected to attend. Board member Dr. David Shefrin will be master of ceremonies. The band Sandpoint will provide dance music after the dinner and auction. Reserve a table of 10 for \$1,200 or purchase individual tickets at \$125. A limited number of Blue Ribbon Business tables are available for \$1,500. For tickets or sponsorship info, contact Susan Hunter at shunter@ncnm.edu.

Natural Health Week May 22–27

Mayor Tom Potter has declared the week of May 22–27 to be Natural Health Week in Portland. Hosted by Liz Cavin, ND and the Presidential Ambassador Leadership Society (PALS), Natural Health Week will involve 30 companies from across the metro area, and NCNM will host daily lectures on wellness

for the community. The events culminate on Saturday, May 27, with an NCNM Wellness Fair from 10 a.m. to 5 p.m. focusing on family health. The fair will feature vendor booths, face painting, herb planting, cooking classes, and demonstrations of tai chi, yoga, and qi gong. ND examinations and holistic vets teaching animal care will help educate participants and promote the benefits of natural medicine. For more information, contact Sarah Spring at sspring@ncnm.edu

Founder's Day Sunday, May 28

Some 300 dignitaries and alumni will board the *Spirit of Portland* for a Champagne Brunch on Sunday, May 28. Dr. Frank G. Spaulding, one of three signers of NCNM's articles of incorporation, will be on hand to toast our good fortune as the College officially enters its 50th year as the flagship institution for naturopathic medical education. The public is invited to a special Founder's Day cake-cutting ceremony at 1:30 p.m. at NCNM. For more information, contact Melissa Stivers at mstivers@ncnm.edu.

Graduation Monday, June 26

A special graduation ceremony is will be held at the Arlene Schnitzer Concert Hall. An honorary degree will be bestowed and NCNM alumni are invited to process with the faculty. For more information, contact Andrew McPheeters at amcpheeters@ncnm.edu.

AANP in Portland August 9–12

The American Association of Naturopathic Physicians has adopted the theme "Honor NCNM" in recognition of the accomplishments of NCNM's alumni including the founders of Bastyr University, the past presidents of AANP, and the founders and faculty of Southwest College of Naturopathic Medicine. For more info, contact Andrew McPheeters at amcpheeters@ncnm.edu.

1,000 Friends... continued from page 5

Robert Jangaard, ND
Pamela Jeanne, ND, PC
Sara Katz, Herb Pharm
William Keppler, PhD
Lindea & Richard Kirschner, ND, BS
Susan Kreitzberg, ND
Dohn Kruschwitz, MD, ND
James Lemkin, ND, CNS
Joan-Ellen Macredis, ND, L.Ac, LLC
Mike Manes, Square One Consulting
Jim Massey, ND, Mountain Peak Nutritionals
Laurie McGrath
William Mitchell, ND
Priscilla Monroe, RN, ND, Health Roots Natural Medicine
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Frank Nordt, PhD, Rhein Consulting Laboratories
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Michael Petreycik, ND
Mary Poore, ND, Flagstaff Clinic of Naturopathic Medicine
Marcia Prenguber, ND
Charmaine Price
Betty Radelet, DC, ND
Laurie Radford
Rosetta Raso, Seroyal, Canada Inc.
Corey Resnick, ND, Integrative Therapeutics, Inc. (ITI)
Kenneth Rifkin, ND, LAc, Mountain Park Health Clinic
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Andrew Rubman, ND
Robert Ryan

Robert Seamans
Ron Sellner, PhD, and Dee Sellner
James Sensenig, ND, Naturopathic Health Associates, PC
David Shefrin, ND, Bezwecken, Inc.
Lynne Shinto, ND, OHSU
Andrea Smith
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Harry Swope, ND, DHANP, CCH
Karen Threlkel, ND, Naturopathic Family Care
Jason Uchida, ND, Island Wellness Center
Don Warren, ND
Katherine Wiggin, ND
Hope Wing, ND
Sara Wu, ND
Heather Zwickey, PhD

Support the *Bloom of Natural Health* Gala Dinner and Auction!

NCNM's annual *Bloom of Natural Health* auction will be on Saturday, May 20, 2006. The Auction benefits scholarships for NCNM students and provides funding for primary health care to street youth, frail elderly, mentally ill and migrant populations. The ticket price includes food, fun, and frolic. A gift from you, whether monetary or a physical item to auction, will help us continue our important work.

Auction Donor Form

Donor name as it should appear in the catalog: _____

Contact Name: _____

Address: _____

Donor Phone: _____ Fax: _____

Donor Email: _____

Value of Donation: _____

Description of Donation: _____

Mail to: NCNM 049 SW Porter St. Portland, OR 97209

YES! I would like to purchase:

___ Ticket(s) at \$125 each, or ___ table(s) of 10 at \$1,200 each

Enclosed is my ___ check or ___ credit card info. **\$ Total** _____

Print name: _____

Card # _____ Exp. _____

Signature: _____ Date: _____

I have an item or gift certificate to donate to the Auction!

Please check appropriate statements:

___ Donor gift certificate attached

___ Please prepare a certificate

___ I will deliver my item by this date: _____

___ Please pick up my item by this date: _____



Auction Memories

The bidding in the 2004 live auction was exciting, with four framed calligraphy pieces from Master Wu. And who could forget the fun in the 2005 auction when Dr. Pauline Baumann, NCNM Board Chair, (pictured at upper right) led the charge to support NCNM's Community Clinics with a challenge grant of \$5,000. Dr. Art Vandenberg, also from NCNM's Board, was the matching bidder for a chocolate lab puppy, Carter, who has become his family's cherished pet! Each year, a gourmet dinner is provided by Jake's Catering. Don't miss the fun --- this year we'll dance to the band "Sandpoint" 'til midnight! For tickets or sponsorship information, call Susan K. Hunter at 503-552-1512 or e-mail shunter@ncnm.edu.





National College of Naturopathic Medicine
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NCNM Calendar

- Mar.** 13-17: Practical exam/make-up week
 17: Student for a Day
 18: 1:00-4:00 p.m., Chronic Pain & Headache Clinic-See page 3
 20-24: Finals week
 25: Winter quarter ends
 26-Apr. 1: Spring break
- Apr.** 6: 7:30-9:00 a.m., Breakfast With the President
 8: Natural Health Expo and Breast Cancer 5K Walk (Vancouver)
 Call the Clara Jean Foundation (503-810-9946) for info.
 14: 9:00 a.m.-3:00 p.m., NCNM Spring Vendor Fair
 Call Joey at 503-552-1511 to register.
 21: NWNPC in Tacoma
 22: Detoxification & Environmental Medicine Clinic-See page 3
 24-29: SPARC Research Symposium-See page 6
- May** 5: Student for a Day
 6: 1:00-4:00 p.m., Menopause Solutions-See page 3
 20: 5:30 p.m., *Bloom of Natural Health*-See page 2 & 7
 22-27: Natural Health Week-See page 6
 28: Founder's Day-See page 6

Qigong/Taiji

Community Classes are ongoing and can be joined at any time. Classes meet in the Qigong space upstairs at 2232 NW Pettygrove St. and are \$12 per drop-in class, or \$10 per class (4-10 classes) if **prepaid**. Please wear comfortable clothing.

Tuesdays (beginning April 11) 5:30-6:45 p.m., Beginning Qigong, Staudt

Wednesdays 9:30-10:30 p.m., Beginning Qigong, Carew

Thursdays 6:00-7:00 p.m., Beginning Qigong, Ferruzza
Qigong information line: 503-552-1825

NCNM Phoenix Dragon Boat practice: Mondays and Wednesdays
 7:30-8:30 p.m. Call Robert at 503-552-1501 for information.

These events are subject to change. Visit calendar.ncnm.edu for an updated schedule. To submit an event to the NCNM calendar, e-mail calendar@ncnm.edu.

Thank you to the following contributors to *NCNM News*:

Susan K. Hunter, Dr. William Keppler, Dr. Amanda Shallcross, Sarah Spring, Joey Kerns, Leanna Covalt, and Laurie McGrath

Keep in Touch

Staying connected with our alumni and friends is one way we can inform you of upcoming events, NCNM news, naturopathic and Chinese medicine news, as well as our Continuing Education schedules. To inform NCNM of your new whereabouts, please mail us the form below, e-mail us at AlumniAndFriends@ncnm.edu or call (503) 552-1625. Also, if you're an alumni and would like to be listed as a practitioner referral on NCNM's website, a free service, we'll be glad to help you boost your business! **You can now update your contact information using our online update form.** Simply go to www.ncnm.edu, click on *Alumni & Donors* then *List My Practice Online*.

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What would you like to see more of in future newsletters?

- I would like to be contacted as a referral for prospective students.
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Business contact info:

Specialties: _____

